

**REPORT OF VIII A CLASS ASSEMBLY - 2022-23**

**Class Teacher: Ms. Hema Sarda**

**Date: 12.09.2022 (Monday)**

**Timing: 8:35 a.m. – 9:00 a.m.**

**THEME- How School Fosters Holistic Development Among Students- 5 ways**

The morning assembly was presented by the students of Class VIII- A on 12<sup>th</sup> September 2022. The theme of the assembly highlighted five ways on “**How School Fosters Holistic Development Among Students**”.

The students began the assembly session with the **DAV Gaan** followed by the recitation of **Gayatri Mantra**. This was followed by extending a cheerful welcome to the guests and all the attendees. The students delivered the ‘NEWS’ highlighting the important happenings of the week.

The next in line was ‘**A Divine Consciousness**’ in which the students exhibited their linguistic abilities by reciting Dohas, Thirukkural, and Shlokas. A television show was presented explaining the 5 ways in which the School fostered holistic development among students. Medha J Nair made clear the definition of holistic development and listed out the 5 ways, including Physical, Spiritual, Social, Linguistic, and Cognitive Development.

**Physical Development** was showcased by giving an outline on the development of the body, followed by the HALF CRESCENT formation and yoga asanas presented by the boys.

**Spiritual Development** was brought forth by the sloka recitation followed by a spiritual walk highlighting the 10 aspects of Dharma. A classical dance was performed on one of the shlokas.

**Social Development** was exhibited through an interaction between the newly admitted students and existing students.

**Linguistic Development** was displayed by the recitation of a self-composed poem by Aradhana Bharadwaj based on holistic development.

**Cognitive Development** was expressed by an enlightening Group Discussion on ‘Technology- A Double Edged Sword’.

The Words of Gratitude were later expressed by Shruthi Koorella which marked the end of the programme. An appeal for peace in the body, mind, and spirit with the recitation of the ‘Shanti Paat’ was the closing event of the session.



**Skit on Social Development**



**Technology- 'A Double Edged Sword'  
Group Discussion**



**'Divine Consciousness' – Recitation of Dhoha and  
Thirukural**



**'TV Show'- Boosting Body, Mind, and Soul**



**Half Crescent Formation in Yoga**



**'Spiritual Walk' - 10 Aspects of Dharma**



**Yoga asanas performed by the students**



**Classical Dance – Sarve Bhavantu Sukhina**