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DAV PUBLIC SCHOOL, SAMANA



(Senior Secondary)

CBSE Affiliated (1630571)

Under : DAV College Managing Committee, New Delhi

Near Chak, Patran Road, Samana-147101

Phone : 01764-221815, 9878144815

E-mail: davsamana@gmail.com, davsamana@yahoo.com

Website : www.davsamana.org



STUDY PLAN(2022-23)

Class : 7th

Name _____

Section _____

Roll No. _____

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Principal Message

"Education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents with high expectations"



Principal Dr. Mohan Lal Sharma
Academician, Educationist, Scholar
Writer, Social Worker, Awardee

Dear Students

Today, the role of a school is not only to pursue academic excellence but also to encourage and empower its students to be lifelong learners, critical thinkers, and productive members of an ever-changing global society. More than a decade back DAV SAMANA pledged to transform education. The school that is being run under the able stewardship of Honorable President **Dr. Punam Suri Ji** has earned its own position not only in Samana but also in its surrounding areas. At DAV, we provide an atmosphere to our students for multifaceted development, where children get such a platform which helps them to channelize their potential in the pursuit of excellence. This can only be possible in a holistic, student-centric environment.

The school is striving hard to make the best possible efforts to inculcate strong Vedic roots combining with academics and extra-curricular activities in the children. Transforming every individual into a self-reliant and independent citizen, the school provides an amalgam of scholastic and co-scholastic activities with International exposure. In our curriculum, the student is the primary focus and each child is involved in the learning process.

A new ray hope has been generated by the introduction of – NEP 2020, a pristine document on education wherein emphasis is laid on technology. From the academic year 2022-23, the government will implement the first phase of NEP 2020. The new norms we have adapted to, the resilience we have developed will play a crucial role in applying the New Education Policy in a better way.

The parents are the most strengthening power in moulding the future of children. Their consistent support empowers us to do more and more. I pay my gratitude to them for their faith in us.

I am confident enough that the DAVIANS will make themselves stronger day by day, adding a new leaf to the grandeur of the school.

Blessings!!!

Principal Dr. Mohan Lal Sharma

STUDY PLAN - AN IMPORTANT TOOL

Study plan is a technique that enables you to make the most efficient use of your time, resources and academic potentials. As we journey together, you may face many challenges and to enable you to overcome the obstacles, we offer you this wonderful tool-Study Plan to make you familiar with the values and Academic Syllabi of the school. This will increase your awareness of how you study and you will become more confident. Make this planner a part of your schedule for getting success this year.

GREEN RULES

- ❖ Be kind, polite, helpful and aware of others' feelings.
- ❖ Try your best, work hard and learn from your own mistakes.
- ❖ Respect your educators.
- ❖ Make yourself presentable.
- ❖ Take responsibility of your education.
- ❖ Be organized.
- ❖ Don't be a distraction.
- ❖ Do the task with dedication.
- ❖ Stick to your goals.

GENERAL INSTRUCTIONS (FOR PARENTS)

- ❖ Parents are requested to co-operate with the school in its attempt to help towards their children's progress by paying attention to their regularity, punctuality and discipline.
- ❖ Constant vigilance on the part of the parents pays rich dividends. We earnestly recommend that parents should take interest in the daily activities of the children both inside and outside the school and check the diary daily for any notes from the teacher. Kindly attend all Parent-Teacher Meetings in the interest of your wards.
- ❖ If you have any suggestions regarding your ward's study, you are welcome to contact the Principal/Class Co-ordinator/Class Teacher/Subject Teacher during Parent-Teacher Meeting or with prior appointment with Principal/Class Co-ordinator between (9:00 a.m. to 10:00 a.m.).
- ❖ Parents are requested not to enter the class room either to see their wards or to seek interviews with the teachers during class hours. No half day/short leave will be given to the student.
- ❖ Unauthorized absence for 6 consecutive days renders the student liable to have his/her name struck off the rolls. Sick children should not be sent to the school for a test or an examination. Medical certificate must be sent along with an application on the same or next day positively. Student will be fined Rs.10 per day, if the child remains absent for the consecutive two days.
- ❖ Children when suffering from infectious disease should not be sent to school to attend classes. The student is required to produce a fitness certificate from a Medical Practitioner / Doctor on joining.
- ❖ Any change of Residential / Official Address / Telephone Number should be notified to the class teacher and school office immediately.

- ❖ Ensure that the child maintains personal hygiene. He/She has nutritious breakfast and diet and avoids eatables from roadside vendors.
- ❖ Students are not allowed to carry / use "Mobile Phones" within the school premises.
- ❖ As the medium of instruction in the school is English. So, children should be helped to follow their work easily and intelligently by a certain amount of regular conversation in English at home.
- ❖ As soon as the diary is issued, the parents should fill in all the required data and sign in the spaces provided.
- ❖ Parents should sign their ward's school diary daily to check the
 - a) completion of Assignment
 - b) Wearing proper uniform, or any other instruction and circulars given should be acknowledged by signing the diary at the respective spaces provided.
- ❖ Legitimate complaints should be brought to the knowledge of the Principal without delay.
- ❖ Please ensure that the child is sent neatly dressed. Nails should be trimmed regularly. Expensive jewellery and watches, nail polish and make up is not permitted.
- ❖ Encourage the children to participate in all curricular and co-curricular activities. This is very necessary for gaining self-confidence and self-satisfaction.

MODE OF EXAMINATION

1. The First Term examination will be held in the month of September and 2nd term and Annual examination will be held in the month of February / March.
2. Grading System is in the paper of Drawing, Music / Dance, G.K., Naitik Shiksha, Health & Physical Education, Sanskrit.
3. A student must pass separately in both (Written+ Practical) exams.
4. Duration of each paper will be of three hours.
5. **Each term will carry 50% syllabus. In various classes, the syllabus will be as per the following scheme**

CLASS/GRADE	SYLLABUS
Classes 3, 4 & 5	Term 1 - 50% syllabus Term 2 - 50% syllabus
Class 6	Term 1 - 50% syllabus Term 2 - 50% syllabus + 20% syllabus of Term 1 (topics relevant for the next grade)
Class 7	Term 1 - 50% syllabus Term 2 - 50% syllabus + 30% syllabus of Term 1 (topics relevant for the next grade)

The term-wise breakup & weightage is as follows :

TERM 1	TERM 2	WEIGHTAGE
PEN PAPER TESTS (PT 1 & PT 2/HALF YEARLY EXAM) 70 marks	PEN PAPER TESTS (PT 3 & PT 4/ANNUAL EXAM) 70 marks	70%
INTERNAL ASSESSMENT 1 30 marks	INTERNAL ASSESSMENT 2 30 marks	30%

TEACHER SHOULD KEEP IN MIND

1. Use a variety of tools (Oral, Projects, Presentation).
2. Understand different learning styles and abilities.
3. Develop child's individual's skills, interests, attitudes and motivation.
4. Monitor the changes taking place in a child's learning, behavior and progress over time.
5. Share the Assessment Criteria with the students.
6. Allow peer and self-assessment.
7. Give an opportunity to the students to improve.
8. Use an "Indoor Voice" while speaking in the class

Value Education Topic for Senior

APRIL

SELF DISCIPLINE & CO-OPERATION

- Being responsible
- Managing Emotions
- Being helpful to new students
- Cleanliness of body and mind
- Healthy and constructive thoughts

MAY

DIGNITY OF LABOUR & OPTIMISIM

- Respecting all jobs/ positions equally
- Keeping your surroundings clean
- Looking at negative things in a positive manner

JUNE

SELF REALIZATION & MEDITATION

- Purity of mind and soul
- Spending valuable time with parents
- Awareness about duties
- Creative & Innovative approach

JULY

ENVIRONMENT SENSITIVITY

- Go Green
- Each one, Plant one
- Use of water, Electricity etc.
- Proper utilization of paper

AUGUST

SECULARISM & NATIONAL INTEGRATION

- Acknowledging the hard-earned independence
- Showing respect towards all religions
- Taking pride in being an Indian
- Abiding by the laws for maintaining National Integrity

SEPTEMBER

EFFICIENCY & EFFECTIVENESS

- Continuous Efforts with Patience & Endurance
- Believing in yourself
- Having "I CAN Win" attitude
- Do not pluck flowers

OCTOBER**COMPASSION & CHARITY**

- Love for humanity
- Well mannered in words & actions
- Helping the needy

NOVEMBER**FAITH & DEVOTION**

- Trust
- Hope
- Calmness

DECEMBER**INSPIRATION & RESPONSIVENESS**

- Self Trust
- Motivation for Simple living and high thinking

JANUARY**CLEANLINESS/ CLEAN DAV GREEN DAV**

- Personal hygiene
- Cleanliness of surrounding
- How to keep your classroom tidy

FEBRUARY**TIME MANAGEMENT & COMMITMENT**

- Practicing effective study techniques
- Being organized

MARCH**STRIVING FOR EXCELLENCE**

- Be diligent in your performance
- To do things in the best possible manner
- Being enthusiastic

FIRST TERM (APRIL TO SEPTEMBER)

CLASS - 7th

SUBJECT - ENGLISH

**“An English Language is a Vision of life.”
“Write to be Understood, Speak to be heard, Read to Grow.”**

TEXT BOOKS NAME:

1. English Literature (DAV Publications)
2. English Practice Book (DAV Publications)
3. English Reader (DAV Publications)

IMPORTANCE OF ENGLISH

ENGLISH “THE GLOBAL LANGUAGE”

The study of English in this age of globalization is essential for all. It holds an important place in our life. From the pragmatic point of view, it should receive a great boost. English serves as a window to the world. The legacy of English Language has left an indelible imprint on the Indian Psyche. Hence, we cannot deal with English just as a foreign language. The entire spectrum of education and philosophy, science and technology has been benefited through the introduction of English language. In a multilingual state of ours, English may wonderfully serve as an effective auxiliary language. This language enjoys the most prestigious reputation in the world. It has a special identity in the field of education.

AIMS & OBJECTIVES:

To enable the students -

1. To communicate effectively and appropriately in real life situations.
2. To read silently at varying speeds depending on the purpose of reading.
3. To express ideas in clear and grammatically correct English, using appropriate punctuation and cohesion devices.
4. To use an appropriate style and format to write letters (formal and informal), biographical sketches, dialogues, speeches, reports, articles, e-mails and diary entries.
5. To adopt different strategies according to the purpose of listening (e.g. for pleasure, for general interest, for specific information).
6. To speak intelligibly using appropriate word stress, sentence stress and intonation patterns.

7. To take active part in group discussions, showing ability to express agreement or disagreement, to summarize ideas, to elicit the views of others, and to present own ideas.
8. To frame questions so as to elicit the desired response, and respond appropriately to questions.

Instructions for the Teachers:

1. It is necessary that teacher's voice should be audible and clear.
2. It is mandatory to prepare the teaching content in advance.
3. All the instructions should be given in English Language.
4. Teacher will make it sure that all the students must carry their study material like Textbooks, Notebooks etc.
5. It is mandatory to maintain complete record of child's performance.

Instructions for the Students:

1. Students must converse in English Language.
2. Students will not speak in Hindi or Punjabi Language
3. Students must follow all the instructions of the teacher.
4. Students must maintain one test notebook for each term.
5. Lesson - 4 Fight Manju and Lesson - 1 Articles, Lesson - 10 Perfect Progressive Tense will be taken in Term-2 Examination.

NOTE: Notebooks of Term - 1 and Term - 2 must be kept carefully for Assessment and Revision for Annual Examination.

APRIL

Book Name	Lesson No./ Topic	No of Periods	Subject Enrichment Activities / Tools & Techniques	Art Integration Activities	Teaching Aids
English Literature	Lesson No:1 Monkey Trouble	4	Self Reading + Class Discussion	Poster Making on Save Animals	Textbook , E-Smart Board
English Literature	Lesson: 2 "Birdie, will you pet?"	3	Jewellery Making		Textbook

English Practice	Lesson:1 Articles	3	Worksheet on Articles		Text-Book, E- Smart Board
English Practice	Lesson:2 Sentences	3	Handout on Sentence Reordering		Text-Book, E- Smart Board
English Reader	Lesson:1 People at Work A - 9, B - 8 Diary Entry, C - 4 Story Writing	3		Comparative Study of different Professions of Punjab and Andhra Pradesh on Assignment Sheet	Textbooks

May

Book Name	Lesson No./ Topic	No of Periods	Subject Enrichment Activities / Tools & Techniques	Art Integration Activities	Teaching Aids
English Literature	Lesson:3 "A Hero" (Only for Reading)	2			Textbook , E-Smart Board
English Literature	Lesson:4 Fight Manju Fight	5	Self Reading + Class Discussion	Role Play / Skit / Drama	Textbook
English Practice	Lesson:9 Future Time Reference	4	Handout on Future Time Reference		Text-Book, E- Smart Board
English Practice	Lesson:10 Perfect Progressive Tense	4	Worksheet on Perfect Progressive Tense		Text-Book, E- Smart Board

English Reader	Lesson: 2 Relations, A - 10 Letter, B - 11 Diary Entry,	2	Only for discussion		Textbook E-Smart
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JUNE SUMMER VACATION

JULY

Book Name	Lesson No. / Topic	No of Periods	Subject Enrichment Activities / Tools & Techniques	Art Integration Activities	Book Name
English Literature	Lesson: 5 Poem I Dream A world	4	Recitation + Class Discussion		Textbook
English Practice	Lesson:5 Transitive and Intransitive Verbs	3	Worksheet on Transitive and Intransitive Verbs		Text-Book, E- Smart Board
English Practice	Lesson:12 Reading for Understanding (Passage 1&2)	2	Listening Skills		Text-Book
English Reader	Lesson:3 Attitude A -11 Letter, B - 7 Story Completion, C -12 Newspaper Report	4	Project - Interview Activity (Part - B3)	Speaking Skills	Textbook

AUGUST Revision of First Term Syllabus
SEPTEMBER **FIRST TERM EXAMINATION**

विषय - हिंदी

पुस्तक : ज्ञान सागर तथा अभ्यास सागर (डी ए वी प्रकाशन)

“निज भाषा उन्नति अहै , सबे उन्नति को मूल ।
बिन निज भाषा ज्ञान के , मिटत न हिय को सूल ॥”

भारत एक बहुभाषी देश है जिसमें बहुत सी भाषाओं का समावेश है । भाषिक और सांस्कृतिक दृष्टि से भिन्न होने के बावजूद भारतीय परम्परा में बहुत कुछ ऐसा है जो एक दूसरे को जोड़ता है । यही कारण है कि मातृभाषा के रूप में यह भाषा सभी को एकता के सूत्र में पिरोती है । बचपन से हिंदी पढ़ता आ रहा बच्चा नवीं , दसवीं तक हिंदी भाषा में निपुण हो जाता है । वह एक ओर जहाँ हिंदी भाषा से सारे देश से जुड़ेगा वहीं दूसरी ओर अपने क्षेत्र और परिवेश को हिंदी भाषा के माध्यम से जानने की कोशिश भी करेगा क्योंकि किशोरावस्था के इन बच्चों के मानसिक धरातल का विकास विश्व-स्तर तक पहुँच चुका होता है । प्रयास यह होगा कि विद्यार्थी भाषा के लिखित प्रयोग के साथ सहज व स्वाभाविक मौखिक अभिव्यक्ति में भी सक्षम हो सके ।

हिंदी भाषा पढ़ने / पढ़ाने के मुख्य उद्देश्य:

1. भाषा के शुद्ध एवं प्रभावशाली प्रयोग की क्षमता विकसित करना ।
2. शब्द भंडार की वृद्धि तथा व्याकरण का समुचित ज्ञान।
3. दैनिक जीवन में हिंदी समझने बोलने के साथ- साथ लिखने की क्षमता का विकास करना।
4. हिंदी के माध्यम से अपने अनुभव को संसार को लिखकर सहज अभिव्यक्ति कर पाने की क्षमता का विकास करना ।
5. बच्चों में रट्टा प्रवृत्ति को कम कर के सोच समझ कर स्वयं कार्य करने की क्षमता का विकास करना ।
6. भाषा के चारों कौशलों (सुनना, बोलना, पढ़ना, लिखना व चिंतन) का उत्तरोत्तर विकास करना ।
7. स्वतंत्र और मौखिक रूप से अपने विचारों की अभिव्यक्ति का विकास करना ।
8. अपनी मातृभाषा और परिवेशगत भाषा को साथ रख कर हिंदी की संरचनाओं को समझना ।

अध्यापकों के लिए सामान्य निर्देश :

1. अध्यापक पहले से ही पाठ- योजना तैयार करें ।
2. कक्षा में कार्य शुरू करवाने से पहले अध्यापक रोजाना बच्चों से अभ्यास पुस्तिका पर 5 से 10 कठिन शब्द लिखवाएगा तथा इस अभ्यास पुस्तिका को आंतरिक मूल्यांकन का भाग माना जाएगा ।
3. कक्षा में भाषा का उच्चारण शुद्ध एवं प्रभावशाली होना चाहिए ।
4. जाँच कार्य समय अनुसार और सतर्कता पूर्वक होना चाहिए ।
5. सभी अध्यापक विद्यार्थियों के पठन कौशल में विशेष ध्यान दें ।

विद्यार्थियों के लिए सामान्य निर्देश :

1. बच्चे पाठ के पठन पर विशेष ध्यान देंगे ।
2. लिखित कार्य करते समय लिखाई सुंदर एवं स्पष्ट होनी चाहिए ।
3. शब्दों की बनावट और मात्राओं पर विशेष ध्यान दें ।
4. विद्यार्थी कक्षा में अनुशासित ढंग से पठन- पाठन प्रक्रिया में भाग लें

नोट :

- * नोटबुक प्रस्तुतिकरण में नियमितता ,कार्यपूर्ति , स्वच्छता और रख-रखाव को जाँचा जाएगा ।
 - * विषय संवर्धन गतिविधि में भाषा के वाचन एवं श्रवण कौशल पर बल दिया जाएगा।
 - * सत्र के अंत में दोनों सत्रों की कॉपियों को दोहराई और आंतरिक मूल्यांकन के लिए संभाल कर रखा जाए ।
 - * लिखित परीक्षण की कॉपी पूरे सत्र में एक ही होनी चाहिए।
 - * पहले सत्र से 30 प्रतिशत पाठ्यक्रम दूसरे सत्र में भी आएगा।
- पाठ- 4 बातूनी पाठ- 6 समय
- * पहले सत्र की टिप्पणी पुस्तिका को सभी बच्चे संभाल कर रखें।

अप्रैल

पाठ का नाम और विषय	कालांश	विषय संवर्धन /कला एकीकृत गतिविधि	सहायक सामग्री
पाठ -1 बारह मासा (कविता)	5	देसी महीनों तथा अंग्रेजी महीनों के नाम	ई -स्मार्ट
पाठ -2 नाटक में नाटक (कहानी)	5	श्रुतलेख	दृश्यात्मक प्रस्तुतिकरण

मई

पाठ का नाम और विषय	कालांश	विषय संवर्धन /कला एकीकृत गतिविधि	सहायक सामग्री
पाठ-3 निर्मला साँप और सयाल (कहानी)	5	सच्चे मित्र के गुण (चर्चा)	अभ्यास सागर
पाठ -4 बातूनी	5	पत्र लेखन - आपके चाचा जी ने नया घर लिया है चाचा जी को बधाई देते हुए पत्र लिखें	दृश्यात्मक प्रस्तुतिकरण
पाठ - 5 राजू का सपना (केवल पढ़ने के लिए)	3	संवाद लेखन - पेड़ों की सफाई संबंधी दो मित्रों का संवाद	पाठ्य पुस्तक
पाठ - 6 समय (कविता)	5	व्याकरण घड़ा बनाना (मॉडल समूह में)	(कार्यप्रपत्र)

जून ग्रीष्मावकाश

जुलाई

पाठ का नाम और विषय	कालांश	विषय संवर्धन /कला एकीकृत गतिविधि	सहायक सामग्री
पाठ - 7 स्कूल की छुट्टियाँ (कहानी)	5	ग्रीष्मावकाश संबंधी सूचना	सम्बंधित पुस्तकें
पाठ -8 एवरेस्ट की चुनौती	5	एवरेस्ट पर चढ़ाई करने वाले किन्हीं पांच भारतीयों की जानकारी कॉपी में लिखें	दृश्यात्मक प्रस्तुतिकरण

पाठ – 9 सवाल का जवाब (कहानी)	5	आप अपने आस-पास रहने वाले गरीबों की सहायता कैसे कर सकते हैं? (चर्चा)	दृश्यात्मक प्रस्तुतिकरण
पाठ – 10 झंडा ऊँचा रहे हमारा (कविता) केवल पढने के लिए	3	पठित काव्यांश :- विषय संवर्धन	ई –स्मार्ट
अगस्त/ सितम्बर (अर्ध वार्षिक परीक्षा की दोहराई)			

SUBJECT - MATHEMATICS

“The only way to learn mathematics is to do mathematics”

Prescribed Book: SECONDARY MATHEMATICS VII (DAV PUBLICATIONS)

MATHEMATICS is an important component of school education. MATHEMATICS is something that the man has himself created to meet the various demands of time. Right from morning till night, each single moment of the day is being controlled by MATHEMATICS. LIFE would be impossible without it. MATHEMATICS IS THE SCIENCE OF ALL SCIENCES AND ART OF ALL ARTS.

AIMS AND OBJECTIVES:

1. To enable the students to discipline their minds properly.
2. To help the child to know about the relationship of different topics in **MATHEMATICS**.
3. To develop the technique of **PROBLEM SOLVING**.
4. To develop the interest of the students to know more about the nature of **MATHEMATICS**.
5. To develop the power of **LOGICAL THINKING**.
6. To develop the **SELF CONFIDENCE** of the child.

Instructions for Teachers:

1. **LESSON PLAN** must be prepared well in time.
2. **CLASS ENTRANCE** should be with full confidence and positivity.
3. **CONTENT DELIVERY** must be effective and long lasting.
4. **COMMANDS OF TEACHERS** must be equipped with **GOOD VOCABULARY**.
5. **FAIR NOTE BOOK** must reflect efficiency of the concerned teacher.

Instructions for Students:

1. Students will do **MATHEMATICS PRACTICE** daily with a fixed schedule at home.
2. **BOOK, NOTE BOOK** must be carried by students daily in school.
3. Students must have a self responsibility to get their note books checked in time.
4. Students must be **ATTENTIVE** in class.
5. Test must be there at the end of every chapter.
6. Tests must be **WELL PREPARED**.
7. Chapter-1 Rational Numbers, Chapter-9 Congruent Traingles , Chapter-8 Triangle & its properties will come in Term-II Examination.

NOTE:-**❖ BOOK AND FAIR NOTE BOOK**

- It must be well maintained and kept safely through out the year for evaluation
- Tally work must be done at the end of every chapter
- Parents signatures must be there immediately after teacher's checking
- Correction work must be done immediately (if remarked by the teacher)

❖ TEST NOTE BOOK

- Will remain same through out the term (otherwise test will not be evaluated)
- Must be well maintained
- Must be duly signed by the parents
- Correction work must be done immediately (if remarked by the teacher)
- Parents must communicate with teacher in case of poor performance

APRIL

Chapter No. With Name	No. of Periods	Subject Enrichment Activities / Art Integration / Project	Teaching Aids
Chapter 1 Rational Numbers	10 - 11	—	E-Smart contents
Chapter 2 Operations on Rational Numbers	10-11	—	—

MAY

Chapter No. With Name	No. of Periods	Subject Enrichment Activities / Art Integration / Project	Teaching Aids
Chapter 12 Data Handling	5-6	Collecting the data of heights of students to calculate Mean, Median and Mode- Application of concept	E-Smart contents

STUDY PLAN		ॐ	Class: 7 th 2022-23
Chapter 3 Rational Numbers as Decimals	7 - 8	Quiz on Rational numbers + operations + Rational no. as decimals	E-Smart contents
Chapter 9 Congruent Triangles	6-7	To verify that diagonal of a parallelogram divides it into 2 congruent triangles	Different cut-outs of coloured papers showing congruency

JUNE **SUMMER VACATION**
(Lab manual + Charts on Congruent triangle)

JULY

Chapter No. With Name	No. of Periods	Subject Enrichment Activities / Art Integration / Project	Teaching Aids
Chapter 10 Construction of Triangles	6 - 7	To get median, altitude of a triangle by paper folding	A pair of Compasses , E- Smart board Tools
Chapter 8 The Triangles and its Properties	13 - 14	To verify that sum of three angles a triangle is 180° + Role play	E - Smart Contents

Note :- Case based + Viva will be taken before final Examination.

AUGUST Revision of First Term Syllabus
SEPTEMBER **FIRST TERM EXAMINATION**

SUBJECT - SCIENCE

“All the World is a Laboratory for inquiring Minds.”

BOOK : The Living World **Lab Manual:** Saplings Publications
Publication : DAV Publication **Reference Book:** NCERT Practice Workbook

AIMS & OBJECTIVES:

1. To develop scientific attitude among students.
2. To develop observational skills, experimental skills and application skills within the students.
3. To create awareness and concern for a healthy environment and preservation of ecosystem.
4. To develop understanding of scientific concepts, principles and laws among the students.

Instructions for Teachers:

1. Content of each chapter should be well prepared in advance.
2. Maintain proper record of class tests as well as periodic tests.
3. Check the home work note books on regular basis.
4. Observe each and every child minutely.
5. It is mandatory to discuss value based and HOT questions of every chapter.
6. The voice of teacher should be audible to the students.
7. Teacher should co-relate the delivered content with daily life activities.

Instructions for Students:

1. Students should pay full attention during Teacher Learning Process.
2. Be a keen Observer during Experimentation.
3. Students should be handy with their books and note books according to their timetable.
4. Students should maintain their practical file side by side.
5. Students should maintain proper discipline during Lab visit.
6. Students should revise the content taught in the class side by side.

NOTE:- Written Test conduction is must after completion of the chapter.

1. Notebooks must be kept carefully for Assessment and Revision for Annual Examination

2. Lesson 11 (Electric Charges at rest) and lesson 5 (Heat) will be taken in term 2 examination.

APRIL			
Chapter No. and Name	No. of Periods	Practical	Teaching Aids
Lesson 11 : Electric Charges at rest	7	1. To demonstrate the presence of charge on dry comb by rubbing.	Materials from the lab
Lesson 15: Forest (Deleted)	Deleted		
Lesson 6 : Motion and Time	8	1. Plotting distance v/s time graph for uniform motion. "Graphic Story Telling" - Art Integration Activity	E-smart, Materials required for activities

MAY

Chapter No. and Name	No. of Periods	Practical	Teaching Aids
Lesson 10: Soil	6	1. To show soil contains water (Written)	Samples of different types of soil, Materials required for the activities
Lesson 1 : Nutrition in living Organism (Plants)	8	1. To observe that sunlight is necessary for photosynthesis (W)	E- smart, Materials required for various activities, live specimens
Lesson 2 : Nutrition in Living Organism (Animals)	7	1. Explanation through Models 2. To observe that saliva digests starch.	Videos to be displayed on E- smart, Models

JUNE SUMMER VACATION +

1. Preparation of Periodic Tests (It will be conducted in July)
2. Complete practical in lab manual.

JULY

Chapter No. and Name	No. of Periods	Practical	Teaching Aids
Lesson : 8 Transportation in Plants and Animals	7	1. To study water is taken up by xylem of roots to various parts of the plant (W)	E-smart board, Materials required for the activity
Lesson : 5 Heat	10	1. To study that conduction and convection are method of heat transmission(W)	E-smart, Materials required for the activities

AUGUST Revision of FIRST TERM Syllabus
SEPTEMBER FIRST TERM EXAMINATION

SUBJECT- SOCIAL SCIENCE

“A Subject which not only provides vast knowledge but also enables the human being to adapt himself in social, economic, political and cultural life.”

**NAME OF THE BOOK -- WE AND OUR WORLD
PUBLICATION -- D.A.V. PUBLICATION**

AIMS AND OBJECTIVES:

1. Understand India and make a comparison with other countries in the world.
2. Develop respect for the rights of all social divisions that exist in society.
3. Get acquainted with revolutionary ideas and new philosophies.
4. Accept the need to protect and conserve environment.
5. Develop good human values and the spirit of tolerance and appreciate the role of India in today's world.
6. Develop respect for the constitution and appreciation of constitutional values.

Note:

1. Value based questions and activities should be done along with chapters.
2. All the activities and map skills must be done on note book.
3. Notebooks must be kept carefully for assessment and revision for annual examination.
4. Test notebooks must be properly maintained for whole term.

Instruction for the Teachers:

1. It is necessary that teacher's voice should be audible and clear.
2. It is mandatory to prepare the teaching content in advance.
3. All the instructions should be given in English Language.
4. Teacher will make it sure that all the students must carry their study material like Textbooks, Notebooks etc

Instruction for the Students:

1. Students must converse in English Language.
2. Students will not speak in Hindi or Punjabi Language.
3. Students must follow all the instructions of the teacher.
4. 30% of first term will come in second term.
5. Geography - chapter -1, History - Chapter - 9, Civics - Chapter - 19 will be taken in term 2.

APRIL

Lesson No. / Topic	No. of Periods	Subject Enrichment Activity/Maps	Art Integration Activity	Teaching Aids / Technology
<u>GEOGRAPHY</u> Lesson-1: Components of Environment	6	Map skill - page no. - 6	Diagram of Four Sphere of Environment (Page No. 2)	Text Book, E-Smart Board Content
<u>CIVICS</u> Lesson-18: Democracy and Equality	7	All union Territories of India on map		E-Smart Board Content, pictures from books
<u>HISTORY</u> Lesson-9: Medieval Periods (Only For Discussion)	2			E-Smart Board Content

MAY

Lesson No. / Topic	No. of Periods	Subject Enrichment Activity/Maps	Art Integration Activity	Teaching Aids / Technology
<u>GEOGRAPHY</u> Lesson-2: Earth and Changes on It	6	Major disparities in between Andhra Pradesh and Punjab on the basis of (soil, vegetation, climate, Rainfall)	Diagram of Layers of Soil.	E-Smart Board Content, Videos
<u>HISTORY</u> Lesson-10: Rise of Small kingdom in North India	6		Time Line	E-Smart Board Content
Lesson-11: Rise of Small kingdom in South India	3	Only for Discussion	How to preserve our rich Heritage?	E-Smart Board Content
<u>CIVICS</u> Lesson-19: Our State Governments	5	Map Work - All states of India with capitals	Collect information about your state	E-Smart Board Content, Information related to state government

JUNE SUMMER VACATION (Project Work Will Be Given)

JULY

Lesson No. / Topic	No. of Periods	Subject Enrichment Activity	Art Integration	Teaching Aids / Technology
<u>GEOGRAPHY</u> Lesson-3: The Surface and Interior of the Earth	5	Diagram of Rock Cycle	Draw a diagram of Earth's Interior	E-Smart Content, Model and Pictures of Earth's interior
<u>HISTORY</u> Lesson-12: Turkish Invasions in North India	4	Group Discussion		Text Book
Lesson-13: Delhi Sultanate	6	Map Skill Page No.109	Time line	E-Smart Content and Text Book
<u>CIVICS</u> Lesson-20: Media- The Mainstay of Democracy	5	Map Skill		E-Smart Content , News Papers

AUGUST

Revision of First Term Syllabus

SEPTEMBER**FIRST TERM EXAMINATION****SUBJECT - COMPUTER**

"Technology is not an event, it's just part of the everyday learning !"

Name of the Book: HANDS ON

Importance of Computer Education:

Computer technology has a deep impact on the education sector. Thanks to computers, imparting education has become easier and much more interesting than before. Computers have changed the way we study/work, be it any course/profession. Computers play a vital role in every field especially it play an important role in education. That is why the education system has made computer education a part of school curriculum. Considering the use of computer technology in almost every sphere of life, it is important for everyone to have at least the basic knowledge of using computers.

AIMS & OBJECTIVES:

1. Foremost aim is to make students Technology Savvy.
2. To create awareness among students about Evolution of Computers.
3. Students should be able to create Projects using Scratch Software.

4. Students should be able to use GIMP (Image editing tool)
5. To create awareness among students about basics of Internet.
6. To make the students familiar with Web Terminology & Web Services.

Instruction for the Teachers:

1. It is necessary to take students to the lab once in a week according to fix Time Table.
2. It is necessary to show all the links given in the book & perform all the given activities.
3. Teacher will look after each & every child in lab.
4. Teacher will make it sure that all the students have performed the lab activity or not.
5. Students will be evaluated only on the basis of skills in practical.

Instruction for the Students:

1. Bring book according to time table.
2. Sit according to Roll No. in lab.
3. Don't change the Control Panel Settings.
4. Follow all the Rules & Regulations of Lab + Instructions of Teacher.

Tools & Techniques:

Exploratory Thinking, Project Based Learning, Demonstration, Mathematical Skills, Experimentation, Effective integration of Technology, Active Learner Participation

Note: Computer/ICT is a completely skill based subject. So, No Pen Paper Test/Exam will be conducted to evaluate the student's performance. Students will be evaluated on the basis of Practical skills only that will be conducted Month Wise, First Term & Annually.

APRIL

Chapter No./ Name of Chapter	No. of Periods	Activities	Teaching Aids
Chapter - 1 The Evolution of Computers	9	1. Understand the Evolution of Computers 2. Differentiate between different generations 3. Understand the Tech Trends	E-Smart Board, Books, Computers

MAY:-

Chapter No. / Name of Chapter	No. of Periods	Activities	Teaching Aids
Chapter – 2 Scratch-I	9	1. Use of different blocks available in Scratch Software 2. Components of Scratch 3. Learn to choose, paint, edit and resize characters (Sprite).	E-Smart Board, Stylus, Scratch

JUNE SUMMER VACATION**JULY**

Chapter No. / Name of Chapter	No. of Periods	Activities	Teaching Aids
Chapter – 3 Scratch –II	6	1. Learn the elementary basics of programming 2. Writing Script for different animations.	E-Smart Board, Stylus, Scratch

AUGUST

Chapter No. / Name of Chapter	No. of Periods	Activities	Teaching Aids
Chapter – 4 Introduction to GIMP	6	1. Create, open and save file 2. Foreground and Background colours 3. Using Tools window 4. Concept of layers.	E-Smart Board, Stylus, GIMP

AUGUST & SEPTEMBER

First Term Examination/Practical Examination

SUBJECT -VISUAL ART

“Drawing plays a big role in our cognitive development. It can help us learn to write and think creativity, develop hand eye co-ordination, hone analytic skills”

AIMS & OBJECTIVES:

1. To develop observation, imagination and self expression to be able to put thoughts on paper through art.
2. To work confidently with a variety of material.
3. Art Education enables the child to explore alternative ways of communicating with others. It encourages the ideas that are personal, inventive & makes a vital contribution to the development of a range of intelligence.
4. To express individuality.
5. To develop eye and hand co-ordination.

Common Instructions for Students:

1. Students must bring their step by step Book & Drawing file according to time-table.
2. Students must bring their own drawing material like HB Pencil, Non-Dust Eraser, Pencil, Colour etc.
3. Students should use their creative & imaginative skill while drawing and performing craft.
4. Difficult topics must be practiced in drawing file.

Common Instructions for Teachers:

1. Teachers should prepare the activities mentioned in study plan in advance.
2. Use of Technology must be there.
3. Check and return the drawing files in time.

NOTE: Practically demonstration must be given by teacher using E-Smart board, colorful chalks, dusters, colors etc.

Tools For Evaluation: Neatness in work and coloring. * Students creativity and interest.

APRIL

Step By Step	Drawing file	No. of Periods	Activity	Teaching Aids
Page No. 3,5 to 10 (flower study + tree study)	Flower study	4	Paper flowers	Glaze paper, fevicol.

MAY

Step By Step	Drawing file	No. of Periods	Activity	Teaching Aids
Page No. 11, 13, 14, 15, 17, 19	Tree study	4	Prpare decorative things for Class display board.	Ivory sheet, poster colour.

JUNE**SUMMER VACATION**

(Fevicryl Mouldit Sculpture + 2 painting in any colours. Any 1 item with waste out of best)

JULY

Step By Step	Drawing file	No. of Periods	Activity	Teaching Aids
Page No. 20, 21, 23, 25(Human study)	slogan on save tree	4	Frills making	coloured sheet, charts,decorative material, fevicol

AUGUST

Revision of First Term Syllabus

SEPTEMBER**FIRST TERM EXAMINATION****SUBJECT- GENERAL KNOWLEDGE**

Name of Book: Kid Wiz

Publication: DAV Publication

“An investment in General Knowledge pays the best interest.”

IMPORTANCE OF GENERAL KNOWLEDGE: The name itself says that it is a general that every common student must and should possess. It is useful in terms of personal, academic and professional levels. In day to day life also general knowledge is very useful as it is all about common things. It is an important

component of crystallized intelligence and is strongly associated with general intelligence. It is a wide body of information that a student acquires from education and from life. It also helps to grow student's confidence level and may prove to be of some great help during some important events of our lives like interview etc. A good knowledge of everything around always to impress the people around you.

AIMS AND OBJECTIVES:

1. To acquaint students about their surroundings.
2. To have a healthy discussion about the day to day happenings around the world.
3. To formulate the students for the competitive level of general awareness.
4. To make students more competent and smarter.

Instructions for the Teachers:

1. It is necessary that the teacher's voice should be audible and clear.
2. It is mandatory to prepare the teaching content in advance.
3. Teacher will make it sure that all the students must carry their study material like books or scrap file etc.
4. It is advisable to maintain complete record of student's performance.
5. It is necessary that the checking must be done carefully and in proper time.

Instructions for the Students:

1. Students must complete the given work at proper time.
2. Scrap files must be maintained properly.
3. Students must follow all the instructions from the teacher.
4. Students must converse in English language.

Note: Write 3 to 5 lines about every activity / project work on the scrap file.

APRIL			
Unit No. and Name	No. of Periods	Activity	Teaching Aids
UNIT I: Language and Literature	3	1. Prepare a Fact file of the R. K. Narayan 2. Paste 5 pictures of famous Books and write their Author Name also.	Kid Wiz Book
MAY			
Unit No. and Name	No. of Periods	Activity	Teaching Aids
UNIT II: Environment	3	1. Paste 5 pictures of endangered birds and animals.	

Around		2. Paste 5 pictures of famous Indian Scientists.	Kid Wiz Book
JUNE SUMMER VACATON(Learn the completed syllabus for First Term)			
JULY			
Unit No. and Name	No. of Periods	Activity	Teaching Aids
UNIT III: World Around	3	1. Paste 5 pictures of famous parks of the World with their cities. 2. Paste 5 pictures of famous Bridges of the World.	Kid Wiz
AUGUST	Revision of First Term Syllabus		
	Learning of School Lunch Prayer		
SEPTEMBER	FIRST TERM EXAMINATON		

विषय - नैतिक शिक्षा

पुस्तक : नैतिक शिक्षा प्रकाशन : डी.ए.वी. प्रकाशन

“शिष्टाचार अथवा विनम्रतापूर्वक एवं शालीनतापूर्ण आचरण ही वह आभूषण है, जो मनुष्य को आदर - सम्मान दिलाता है |”

सामान्य उद्देश्य :

1. छात्रों में माता-पिता, अध्यापकों एवं बुजुर्गों के प्रति सम्मान और सेवाभावना उत्पन्न करना |
2. छात्र-छात्राओं में ईश्वर भक्ति की भावना के साथ-साथ, उनमें आस्तिकता की भावना उत्पन्न करना |
3. धार्मिक रुचि का संवर्धन करना, अच्छी आदतें डालना |
4. उन्हें देश एवं जाति की सेवा के प्रति कर्तव्यनिष्ठ बनाना |
5. उत्तम ग्रन्थों के माध्यम से स्वाध्याय के प्रति रुचि जागृत करना |
6. देश-धर्म की सेवा में जीवन लगाने वाले तथा उत्तम ग्रंथों की रचना द्वारा ज्ञान का संवर्धन करने वाले महापुरुषों के चरित्र से परिचय करवाना |

नोट :

1. नैतिक शिक्षा पुस्तक पढ़ना ही काफी नहीं है बल्कि अपने जीवन को धार्मिक व सदाचारी बनाना जरूरी है |
2. कक्षा क्रम के अनुसार हवन से पहले बच्चों को दान के लिए प्रेरित किया जाए |

सामान्य उद्देश्य :

1. छात्रों में माता-पिता, अध्यापकों एवं बुजुर्गों के प्रति सम्मान और सेवा भावना उत्पन्न करना ।
2. छात्र-छात्राओं में ईश्वरभक्ति की भावना के साथ-साथ उनमें आस्तिकता की भावना उत्पन्न करना ।
3. धार्मिक रूचि का संवर्धन करना, अच्छी आदतें डालना ।
4. उन्हें देश एवं जाति की सेवा के प्रति कर्तव्यनिष्ठ बनाना ।
5. उत्तम ग्रंथों के माध्यम से स्वाध्याय के प्रति रूचि जागृत करना ।
6. देश-धर्म की सेवा में जीवन लगाने वाले तथा उत्तम ग्रन्थों की रचना द्वारा ज्ञान का संवर्धन करने वाले महापुरुषों के चरित्र से परिचय करवाना ।

अध्यापकों के लिए सामान्य निर्देश :

1. बच्चों को प्रतिदिन नैतिक मूल्यों की जानकारी देना ।
2. बच्चों को पुस्तक ज्ञान को अपने अन्दर डालने के लिए प्रेरित करना ।
3. उत्तर पुस्तिका में उत्तर ध्यानपूर्वक लिखना व बच्चों को लिखवाना ।
4. समय-समय पर जाँचना ।

विद्यार्थियों के लिए सामान्य निर्देश :

1. विद्यार्थी कक्षा में अनुशासित ढंग से पठन-पाठन क्रिया में भाग लें ।
2. अध्यापकों द्वारा दी शिक्षा पर अमल करें ।
3. मन्त्र, प्रार्थनाओं का नित्य अभ्यास करें ।
4. सदाचारी, शिष्टाचारी बने व अनुशासन में रहें ।

अप्रैल

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
यज्ञ महिमा , आर्य समाज के नियम 1-10	2	छात्र शुद्ध रूप में याद करेंगे । सस्वर गायन, अभ्यास पुस्तिका में लिखकर याद करेंगे ।	चार्ट, पुस्तक
पाठ -1 ईशस्तुति	1	समझकर उत्तर लिखेंगे।	अभ्यास पुस्तिका
पाठ - 2 धर्म के लक्षण	2	उदाहरण के द्वारा भावार्थ धार्मिक गुणों को समझेंगे । (10 लक्षण)	पुस्तक अभ्यास

विषय संवर्धन गतिविधि: आर्य समाज नियम प्रतियोगिता

मई

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ - 3 आर्य समाज के नियम	2	नियमों को समझकर लिखेंगे	सत्य और असत्य पर उदाहरण
पाठ - 4 अभियान गीत	1	अभ्यास पुस्तिका उत्तर लिखेंगे सस्वर गायन करेंगे + भावार्थ	पुस्तक
पाठ - 5 व्यायाम	2	छात्र व्यायाम पर कुछ वाक्य बोलेंगे + लिखेंगे 7 वाक्य	किसी व्यक्ति का उदाहरण देकर
पाठ - 6 प्रातः उठने के लाभ	2	प्रातः जल्दी उठने के लाभ पर 7 वाक्य लिखेंगे	चार्ट पर वाक्य
पाठ - 7 उद्बोधन गीत	1	उद्बोधन गीत का भावार्थ लिखेंगे सस्वर गायन	पुस्तक

जून

ग्रीष्मावकाश

जुलाई

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ - 8 सत्संग का महत्व	2	सत्संग के महत्व पर वाक्य बोलेंगे	अभ्यास पुस्तिका, पुस्तक
पाठ - 9 योग और उसके अंग	2	योग क्रियाओं को समझेंगे व 7 वाक्य लिखेंगे	योग पर उदाहरण

अगस्त
सितंबर

करवाए गए पाठ्यक्रम की दोहराई
अर्ध वार्षिक परीक्षा

विषय - संस्कृत

पुस्तक : सुरभि

प्रकाशन : डी.ए.वी. प्रकाशन

सामान्य उद्देश्य :

1. विद्यार्थियों में संस्कृत के प्रति रूचि एवं संस्कार उत्पन्न करना ।
2. विद्यार्थियों में संस्कृत ज्ञान को विकसित करना ।
3. बच्चों में राष्ट्रीय समाज व अपने संस्थान के प्रति सम्मान की भावना उत्पन्न करना ।
4. पाठों के माध्यम से बच्चों को संस्कृत की बातचीत की शैली से परिचित करवाना ।
5. स्वाध्याय की रूचि को बढ़ाना ।

अध्यापकों के लिए सामान्य निर्देश :

1. अध्यापक पहले से ही पाठ योजना तैयार करें ।
2. कक्षा में भाषा का उच्चारण शुद्ध व प्रभावशाली होना चाहिए ।
3. सभी अध्यापक विद्यार्थियों के पठन कौशल में विशेष ध्यान दें ।
4. बच्चों को संस्कृत भाषा बोलने के लिए प्रेरित करें ।

विद्यार्थियों के लिए सामान्य निर्देश :

1. बच्चे पाठ के पठन पर विशेष ध्यान दें ।
2. विद्यार्थी कक्षा में अनुशासित ढंग से पठन पाठन प्रक्रिया में भाग लें ।
3. प्रतिदिन संस्कृत भाषा का अभ्यास करेंगे ।
4. पीरियड के अनुसार संस्कृत पुस्तक लाना अनिवार्य है ।

अप्रैल

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
प्रार्थना ईश्वर ! तव महिमानं वन्दे	2	लयबद्ध प्रार्थना का उच्चारण करवाना व संस्कृत में परिचय बुलवाना ।	पुस्तक
पाठ -1 बुद्धि एव अस्माकं बलं	2	बुद्धि से सम्बन्धित एक अन्य कथा बच्चों से सुनना ।	अन्य पुस्तक

विषय संवर्धन गतिविधि : संस्कृत में परिचय बुलवाना

मई

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ - 2 अभ्यासः एव परमो	2	अभ्यास के महत्त्व पर	दृश्यात्मक

गुरुः		सूक्तियाँ एकत्रित करवाकर लिखवाना ।	सामग्री (चार्ट)
पाठ - 3 उपकारकाः वृक्षाः	2	वृक्षों से मिलने वाले चीजों के नाम संस्कृत में पुस्तिका पर लिखवाना ।	दृश्यात्मक सामग्री (चार्ट)
अव्यय, पद, प्रत्यय, उपसर्ग	1	केवल मौखिक	पुस्तक
गिनती (1-25)	2	वस्तुएँ दिखाकर	दृश्यात्मक सामग्री

जून **ग्रीष्मावकाश**

जुलाई

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ - 4 आगच्छ ! भोजनं कुर्याम	2	संवाद बुलवाना, गृह की वस्तुओं की जानकारी देना	दृश्यात्मक सामग्री
पाठ - 5 सुवचनानि	2	श्लोकोच्चारण करवाना	पाठ्य पुस्तक
पत्र-1	1	पत्र का संक्षिप्त परिचय	दृश्यात्मक सामग्री

विषय संवर्धन गतिविधि : पठन-पाठन कला

अगस्त करवाए गए पाठ्यक्रम की दोहराई
सितंबर अर्ध वार्षिक परीक्षा

ਵਿਸ਼ਾ - ਪੰਜਾਬੀ

ਸਭ ਤੋਂ ਮਿੱਠੀ, ਸਭ ਤੋਂ ਸੋਹਣੀ
ਮੇਰੇ ਸੋਹਣੇ ਪੰਜਾਬ ਵਰਗੀ ਇਹ ਪੰਜਾਬੀ।
ਸਦਕੇ ਜਾਵਾਂ ਇਸ ਤੋਂ, ਜਿਸ ਨੇ ਬਖਸ਼ੀ ਟੌਹਰ ਨਵਾਬੀ।
ਜਿਉਂਦੇ ਰਹੋ ਪੰਜਾਬੀਓ, ਤੇ ਵੱਸਦੀ ਰਹੋ ਪੰਜਾਬੀ।

ਪੁਸਤਕਾਂ: ਕਿਲਕਾਰੀ ਪੰਜਾਬੀ ਪਾਠ ਪੁਸਤਕ ਭਾਗ-5
ਕਿਲਕਾਰੀ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦਾ ਵਿਆਕਰਨ ਭਾਗ-7

ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦੇ ਉਦੇਸ਼ :-

1. ਮਾਤ-ਭਾਸ਼ਾ ਪੰਜਾਬੀ ਪ੍ਰਤੀ ਮੋਹ ਪੈਦਾ ਕਰਨਾ।
2. ਮਾਤ-ਭਾਸ਼ਾ ਰਾਹੀਂ ਸਹਿਜੇ ਹੀ ਗਿਆਨ ਹਾਸਲ ਕਰਨਾ।
3. ਮਾਤ-ਭਾਸ਼ਾ ਰਾਹੀਂ ਪੰਜਾਬੀ ਸੱਭਿਆਚਾਰ ਨਾਲ ਜੁੜਨਾ।
4. ਪੰਜਾਬੀ ਵਿਆਕਰਨ ਦੇ ਨਿਯਮਾਂ ਦਾ ਪੂਰਨ ਗਿਆਨ ਕਰਵਾਉਣਾ।
5. ਬੋਲਣ ਤੇ ਲਿਖਣ ਕੌਸ਼ਲ ਦਾ ਵਿਕਾਸ ਕਰਨਾ।

ਬੱਚਿਆਂ ਲਈ ਨਿਰਦੇਸ਼ :-

1. ਰੀਡਰ ਅਤੇ ਵਿਆਕਰਨ ਲਈ ਇੱਕ ਹੀ ਕਾਪੀ ਲਗਾਈ ਜਾਵੇਗੀ।
2. ਦੁਹਰਾਈ ਤੇ ਮੁਲਾਂਕਣ ਲਈ ਕਾਪੀਆਂ ਅਤੇ ਕਿਤਾਬਾਂ ਨੂੰ ਸੰਭਾਲ ਕੇ ਰੱਖਿਆ ਜਾਵੇ।
3. ਸਾਰਾ ਕੰਮ ਸਾਫ਼ ਅਤੇ ਸੁੰਦਰ ਲਿਖਤ ਵਿੱਚ ਕੀਤਾ ਜਾਵੇ।
4. ਹਰ ਪ੍ਰਸ਼ਨ ਦਾ ਉੱਤਰ ਲਿਖਣ ਤੋਂ ਬਾਅਦ ਲਾਈਨ ਲਗਾਈ ਜਾਵੇ।
5. ਅਧਿਆਪਕ ਦੁਆਰਾ ਦਿੱਤਾ ਕੰਮ ਸਮੇਂ ਸਿਰ ਪੂਰਾ ਕਰਕੇ ਕਾਪੀ ਨਿਰੀਖਣ ਲਈ ਦਿੱਤੀ ਜਾਵੇ।
6. ਹਰ ਪਾਠ ਤੋਂ ਬਾਅਦ ਸੁਧਾਰ ਕੰਮ ਜ਼ਰੂਰ ਕੀਤਾ ਜਾਵੇ।
7. ਟੈਸਟ ਲਈ ਕਾਪੀ ਵੱਖਰੀ ਲਗਾਈ ਜਾਵੇ ਤੇ ਕਵਰ ਜਰੂਰ ਕੀਤੀ ਹੋਵੇ।
8. ਪਹਿਲੀ ਟਰਮ ਦੀਆਂ ਕਾਪੀਆਂ ਸੰਭਾਲ ਕੇ ਰੱਖੀਆਂ ਜਾਣ ਜਿਸ ਵਿੱਚੋਂ 30% ਸਿਲੇਬਸ ਦੂਜੀ ਟਰਮ ਵਿੱਚ ਆਵੇਗਾ।

ਅਧਿਆਪਕਾਂ ਲਈ ਨਿਰਦੇਸ਼ :-

1. ਭਾਸ਼ਾ ਦੇ ਸ਼ੁੱਧ ਉਚਾਰਨ ਤੇ ਸੁਲੇਖ ਵੱਲ ਖਾਸ ਧਿਆਨ ਦਿੱਤਾ ਜਾਵੇ।
2. ਹਰ ਪਾਠ ਪੂਰਾ ਹੋਣ ਮਗਰੋਂ ਟੈਲੀ ਕਰਵਾਇਆ ਜਾਵੇ।
3. ਪਾਠ ਨਾਲ ਸੰਬੰਧਿਤ ਗਤੀਵਿਧੀ ਜ਼ਰੂਰ ਕਰਵਾਈ ਜਾਵੇ।
4. ਹਰ ਪਾਠ ਪੜ੍ਹਨ ਤੋਂ ਬਾਅਦ ਭੁਲਾਵੇਂ ਸ਼ਬਦ ਜ਼ਰੂਰ ਲਿਖਵਾਏ ਜਾਣ।
5. ਕਾਪੀਆਂ ਅਤੇ ਕਿਤਾਬਾਂ ਦੀ ਚੈਕਿੰਗ ਸਮੇਂ ਸਿਰ ਧਿਆਨ ਨਾਲ ਕੀਤੀ ਜਾਵੇ।
6. ਬੱਚਿਆਂ ਦੀ ਭਾਸ਼ਾ ਸੰਬੰਧੀ ਹਰ ਗਤੀਵਿਧੀ ਦਾ ਪੂਰਾ ਰਿਕਾਰਡ ਰੱਖਿਆ ਜਾਵੇ।
7. ਭਾਸ਼ਾ ਮੰਚ ਸੰਬੰਧੀ ਗਤੀਵਿਧੀਆਂ ਨੂੰ ਧਿਆਨ ਵਿੱਚ ਰੱਖ ਕੇ ਪੂਰਾ ਕੀਤਾ ਜਾਵੇ।

ਨੋਟ: ਹਰੇਕ ਪਾਠ ਪੂਰਾ ਹੋਣ ਤੋਂ ਬਾਅਦ ਵਿਸ਼ਾ ਅਧਿਆਪਕ ਦੁਆਰਾ ਟੈਸਟ ਲਾਜ਼ਮੀ ਲਿਆ ਜਾਵੇ

ਪਾਠ/ ਵਿਸ਼ਾ	ਪੀਰੀਅਡ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾਕ੍ਰਿਤੀ	ਅਧਿਆਪਨ ਸਮੱਗਰੀ
ਪਾਠ-1 ਮੇਰਾ ਵੱਸਦਾ ਦੇਸ ਪੰਜਾਬ ਰਹੇ (ਕਵਿਤਾ)	3	ਪੰਜਾਬ ਸੰਬੰਧੀ ਜਾਣਕਾਰੀ ਪੇਜ ਨੰ 11	ਪੰਜਾਬ ਦੇ ਇਤਿਹਾਸਕ ਸਥਾਨਾਂ ਦੀਆਂ ਤਸਵੀਰਾਂ ਲਗਾ ਕੇ ਉਨ੍ਹਾਂ ਬਾਰੇ ਲਿਖੋ।	ਪਾਠ ਪੁਸਤਕ, ਬੋਰਡ
ਪਾਠ- 2 ਮਹਾਰਾਜ ਦਾ ਨਿਆਂ(ਕਹਾਣੀ)	3	ਵੀਡੀਓ ਦਿਖਾਉਣੀ	ਚਿਤਰ ਵਰਨਣ	ਪਾਠ ਪੁਸਤਕ, ਵੀਡੀਓ
ਵਿਆਕਰਨ ਪਾਠ-1 ਭਾਸ਼ਾ ਜਾਂ ਬੋਲੀ	1		ਉਪਭਾਸ਼ਾ ਸੰਬੰਧੀ ਗੀਤ ਸੁਣਾਉਣੇ	ਫੁਸਤਕ
ਪਾਠ-2 ਵਿਆਕਰਨ	1		ਪੇਪਰ ਕਰਾਫਟ ਗਤੀਵਿਧੀ	ਫੁਸਤਕ
ਲਿੰਗ (1-32 ਪਹਿਲੀ ਲਾਈਨ)	1			ਫੁਸਤਕ
ਵਚਨ(1-32 ਪਹਿਲੀ ਲਾਈਨ)	1			ਫੁਸਤਕ
ਲੇਖ: ਦੁਸ਼ਹਿਰਾ	1	ਵਿਚਾਰ ਵਟਾਂਦਰਾ ਕਰਨਾ		ਫੁਸਤਕ
ਅਰਜੀ/ ਪੱਤਰ: ਜੁਰਮਾਨਾ ਮੁਆਫੀ ਲਈ	1	ਪੱਤਰ ਦੀ ਭਾਗ ਵੰਡ ਸਮਝਾਉਣਾ		ਫੁਸਤਕ

ਮਈ:

ਪਾਠ/ ਵਿਸ਼ਾ	ਪੀਰੀਅਡ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾਕ੍ਰਿਤੀ	ਅਧਿਆਪਨ ਸਮੱਗਰੀ
ਪਾਠ-3 ਇੱਕ ਡੱਬੀ ਵਿੱਚ ਬੱਤੀ ਦਾਣੇ	3	ਬੁਝਾਰਤਾਂ ਸੰਬੰਧੀ ਵੀਡੀਓ ਦਿਖਾਉਣੀ	ਦੋ ਬੁਝਾਰਤਾਂ ਲਿਖੋ(ਕਾਪੀ ਉੱਤੇ)	ਪੁਸਤਕ, ਵੀਡੀਓ
ਪਾਠ-4 ਪਰਉਪਕਾਰ(ਕਵਿਤਾ)	3		ਕਵਿਤਾ ਤੋਂ ਕਹਾਣੀ ਬਣਾਓ	ਫੁਸਤਕ

ਪਾਠ-5 ਸੱਚੀ ਮਿੱਤਰਤਾ (ਕਹਾਣੀ)	3	ਵੀਡੀਓ ਦਿਖਾਉਣੀ	ਚਿੱਤਰ ਵਿਚ ਰੰਗ ਭਰੋ	ਪੁਸਤਕ, ਵੀਡੀਓ
ਵਿਆਕਰਨ ਪਾਠ-3 ਵਰਨ ਬੋਧ ਅਤੇ ਵਰਨਮਾਲਾ	2	ਵਰਨਮਾਲਾ ਲਿਖੋ।		ਫੁਸਤਕ
ਅਸੁੱਧ ਸੁੱਧ (1-25 ਪਹਿਲੀ ਲਾਈਨ)	1	ਸੁੱਧ ਕਰਕੇ ਲਿਖੋ।		ਫੁਸਤਕ
ਅਗੇਤਰ (1-15)+ਸੁਣਨ ਕਲਾ	1			ਫੁਸਤਕ
ਲੇਖ: ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ	1	ਵਿਚਾਰ ਵਟਾਂਦਰਾ ਕਰਨਾ		ਫੁਸਤਕ
ਅਰਜੀ/ ਪੱਤਰ: ਵੱਡੀ ਭੈਣ ਦੇ ਵਿਆਹ ਤੇ ਮਿੱਤਰ ਨੂੰ ਸੱਦਾ ਪੱਤਰ	1	ਪੱਤਰ ਦੀ ਭਾਗ ਵੰਡ ਸਮਝਾਉਣਾ		ਫੁਸਤਕ

ਜੂਨ: ਗਰਮੀ ਦੀਆਂ ਛੁੱਟੀਆਂ(ਪ੍ਰੋਜੈਕਟ: ਦੇਸ਼ ਦੇ ਕਿਸੇ ਰਾਜ ਸੰਬੰਧੀ ਜਾਣਕਾਰੀ ਬਾਰੇ)

ਜੁਲਾਈ:

ਪਾਠ/ ਵਿਸ਼ਾ	ਪੀਰੀਅਡ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾਕ੍ਰਿਤੀ	ਅਧਿਆਪਨ ਸਮੱਗਰੀ
ਪਾਠ-6 ਧਰਤੀ ਦਾ ਸਵਰਗ- ਕਸ਼ਮੀਰ(ਲੇਖ)	1 (ਮੌਖਿਕ)		ਅਣਡਿੱਠਾ ਪੈਰਾ	ਪੁਸਤਕ, ਵੀਡੀਓ
ਪਾਠ-7 ਬਾਰਾਂਮਾਹਾ(ਕਵਿਤਾ)	3	ਦੇਸੀ ਮਹੀਨਿਆਂ ਤੇ ਤਿਉਹਾਰਾਂ ਦੇ ਨਾਂ ਲਿਖਵਾਉਣੇ	ਕਾਵਿ ਟੁਕੜੀ ਚੋਂ ਪ੍ਰਸ਼ਨ ਉੱਤਰ	ਫੁਸਤਕ
ਪਾਠ-8 ਮੂਰਖ ਰਾਜਾ(ਕਹਾਣੀ)	4	ਮਗਰਮੱਛ ਤੇ ਬਾਂਦਰ ਕਹਾਣੀ ਦੀ ਵੀਡੀਓ ਦਿਖਾਉਣੀ	ਚਿਤਰ ਅਧਾਰਿਤ ਕਹਾਣੀ ਲਿਖੋ।	ਫੁਸਤਕ, ਵੀਡੀਓ
ਵਿਆਕਰਨ ਪਾਠ-6 ਨਾਂਵ	1	ਪੇਪਰ ਕਰਾਫਟ ਗਤੀਵਿਧੀ		ਪੁਸਤਕ, ਵੀਡੀਓ

ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ (1-15)	1			ਫੁਸਤਕ
ਮੁਹਾਵਰੇ (1-20)	1			ਫੁਸਤਕ
ਲੇਖ: ਪਾਣੀ ਦੀ ਸੰਭਾਲ	1	ਵਿਚਾਰ ਵਟਾਂਦਰਾ ਕਰਨਾ		ਫੁਸਤਕ
ਅਰਜੀ/ ਪੱਤਰ: ਨਗਰ ਪਾਲਿਕਾ ਦੇ ਪ੍ਰਧਾਨ ਨੂੰ ਮੁਹੱਲੇ ਦੀ ਸਫਾਈ ਲਈ	1	ਪੱਤਰ ਦੀ ਭਾਗ ਵੰਡ ਸਮਝਾਉਣਾ		ਫੁਸਤਕ

ਅਗਸਤ: ਦੁਹਰਾਈ ਤੇ ਨਿਯਮਕਾਲਕ ਪ੍ਰੀਖਿਆ

ਸਤੰਬਰ: ਪਹਿਲੀ ਟਰਮ ਪ੍ਰੀਖਿਆ

SUBJECT - PERFORMING ART

“It is the supreme art to awaken joy in creative expression and knowledge.”

Importance of Music & Dance:

Music and dance give great self-satisfaction and self confidence. It brings name, fame and riches i.e success in life. It has social, emotional, and spiritual benefits and gives happiness to life.

Instruction for Teachers:

1. Give the introduction about your topic and demonstrate.
2. Pay attention towards Non Performers.
3. Teacher should be well prepared.
4. The song should be selected according to class level.
5. Assessment of students should be done on regular basis.

Instruction for Students:

1. Move in queue to Music and Dance room.
2. Keep the shoes in shoes Rack.
3. Do the practice at home.
4. Don't touch anything without teacher's permission.

Aims:

1. To develop a context for aesthetic and artistic experience and the opportunity to develop personally and physically through participated in dance in an enjoyable environment.

- To provide for aesthetic experiences and to develop aesthetic awareness in the music, in drama, in dance and literature.

Objectives:

- To enhance knowledge and understanding of dance as an aesthetic & artistic experience.
- Cooperate with others in dance activities.
- To enrich personal and social development while interacting with others in a variety of structural contexts.
- To arise the learning interest and area in instrumental learning.
- To develop the interest to know about Indian culture.
- To make them able to become an artist.

APRIL to MAY

Topic	No. of Days	Tools & Techniques	Teaching Aid
Patriotic Song (Shabad Alankar 1 to 7) Taal Kehrwa on hand	6	Demonstration with singing	Mick, Harmonium Diary etc.
Classical Dance Patriotic(Chorepography)	6	Demonstration with steps	With Sound System

JUNE

SUMMER VACATION

JULY

Topic	No. of Days	Tools & Techniques	Teaching Aid
Punjab Folk	6	Explanation about shabad + Demonstration with singing	Harmonium+Tabla+ Chimta-Manjira+ Mirox, Lyrics
Patriotic Dance	6	Demonstration with action	Props & Sound System

AUGUST

Revision of First Term Syllabus

SEPTEMBER

FIRST TERM EXAMINATION

SUBJECT - HEALTH & PHYSICAL EDUCATION

IMPORTANCE OF PHYSICAL EDUCATION: Physical Education is the part of General Education program which is considered with growth, Development and education of students through the medium of muscle activities. It is the education of whole child by means of physical activities. Physical activities are the tools. They are so selected and considered as to influence every child's Physically, Mentally, Emotionally and Morally.

AIMS & OBJECTIVES:

1. Interact with the natural world in a positive manner.
2. Develop qualities such as leadership, team spirit, sense of belongingness, Courage and self defence.
3. Participate in the activities for fun and joy.
4. Conduct the movement with more body control.
5. To ensure optimum growth of each child.
6. Understand that hygienic fitness, protection and health care are important for health.

Objectives and learning outcome will be cleared to the students:

- All the Topics must be discussed thoroughly and all book exercises will be discussed orally. Class 5th to 10th, all the three activity of co-scholastic area must be cleared and basic knowledge must be given to students, guide the students, to opt any two and its practice will be done with the help of teachers, throughout the year.
- File of concerned chosen activities will be prepared. It will be accessed and evaluated.

Common Instruction for the Teachers:

1. Try to reach in class in time.
2. Bring your classes in the ground in line and discipline.
3. Take care of students in ground specially girls.
4. Prepare your team properly selected students from different classes.
5. Maintain sports ground properly.

Common Instructions for the Students:

1. Move always in line.
2. Maintain Self Discipline in Sports Ground.
3. Obey the instruction given by Teacher.
4. Play the games with team spirit.
5. Follow the rule and regulation during play the game.

April

Lesson No./ Topic	No. of Periods	Activities	Teaching Aids
Human Body	01	Demonstration	Chart / Video
Game- KHO -KHO (for girls) Volley Ball (for boys)	01	Play Games in Ground	Volley Ball / Whistle/Video/ Lime Powder
Gym Period	01	Exercise In Gym	Multi Gym
Yoga- Bhujangasana & Vajrasana	01	Perform Yogaasana	Body Movement

May

Lesson No./ Topic	No. of Periods	Activities	Teaching Aids
Sports skills	01	Demonstration	Chart / Video
Game- KHO-KHO (for girls) Volley Ball (for boys)	01	Play Games in Ground	Volley Ball / Whistle/Video/ Lime Powder
Gym Period	01	Exercise In Gym	Multi Gym
Yoga- Tarasana & Sarvangasana	01	Perform Yogaasana	Body Movement

JUNE SUMMER VACATION - International Yoga Day Celebration**JULY**

Lesson No./ Topic	No. of Periods	Activities	Teaching Aids
Game- KHO -KHO (for girls) Volley Ball (for boys)	01	Play Games in Ground	Volley Ball / Whistle/Video/ Lime Powder
Gym Period	01	Exercise In Gym	Multi Gym
Yoga-Halasan & Dhanurasana	01	Perform Yogaasana	Body Movement
WE & Our Environment	01	Demonstration	Chart / Video

Sports Day - 29 August

AUGUST Revision of First Term Syllabus

SEPTEMBER FIRST TERM EXAMINATION

Second Term (October to March)
SUBJECT- ENGLISH

Note: 30% syllabus of First Term will come in Second Term.

OCTOBER

Book Name	Lesson No: Topic	No of Periods	Subject Enrichment Activities / Tools & Techniques	Art Integration Activities	Teaching Aids
English Literature	Lesson No:6 The Stone Soup in Bohemia (Only for Reading)	2	Self Reading + Class Discussion		Textbook
English Literature	Lesson:7 A Stormy Adventure	4	Narrate Any Adventurous/ Funny Incident of Your Life		Textbook
English Literature	Lesson: 8 The Spider and the Fly	3	Recitation + Class Discussion		Textbook
English Practice	Lesson:6 Modals	3	Worksheet on Modals		Textbook and E-smart
English Practice	Lesson:7 Passive Voice	3	Handout on Rules and Exercises of Passive Voice	Procedure Description of their favorite Dish(Video)	Textbook and E-smart
English Practice	Lesson:11 Linkers	3	Worksheet on Linkers		Textbook and E-smart

English Reader	Lesson:4 Achievers B - 10 Letter, C - 8 Newspaper Report, C -10 E-Mail	3		Paste the Pictures of Great Achievers & Write about their Achievements	Textbook , E-Smart Board
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NOVEMBER

Book Name	Lesson No: Topic	No of Periods	Subject Enrichment Activities / Tools & Techniques	Art Integration Activities	Teaching Aids
English Literature	Lesson:9 The Human Robot	4	Debate on Technology is Boon or Bane (Speaking Skill)		Textbook , E-Smart Board
English Literature	Lesson:10 Friends and Flatterers	3	Recitation + Class Discussion	Handout + Video on True Friends and Flatterers	Textbook
English Practice	Lesson: 8 Reported Speech	4	Worksheet of Narration		Textbook , E-Smart Board
English Practice	Lesson:3 The Compound Sentences	3	Inductive - Deductive Method		Textbook , E-Smart Board
English Practice	Lesson:12 Reading for Understanding (Passage 3-5)	2	Intensive Reading		Text-Book, E- Smart Board
English Reader	Lesson: 5 The Future World A - 9 Notice, B -9 & 10 E-Mail	3	Only for Discussion		Textbook , E-Smart Board

DECEMBER

Book Name	Lesson No: Topic	No of Periods	Subject Enrichment Activities / Tools & Techniques	Art Integration Activities	Teaching Aids
English Literature	Lesson: 11 Chocolates in Your Dream (Only for Reading)	2	Class Discussion	Role Play of the chapter	Text- Book
English Practice	Lesson:4 Phrases and Clauses	4	Inductive - Deductive Method		Textbook , E-Smart Board
English Reader	Lesson:6 Unity in Diversity A -10 Speech, C - 6 Letter	3	C. 8 Pamphlet on Unity in Diversity (In Reader Book)	Eh Bharat Shreshtha Bharat Activity:- Project Based on Language. Dress & Festivals of Punjab and Andhra Pradesh	Textbook

JANUARY / FEBRUARY

Revision of whole Syllabus

MARCH**ANNUAL EXAMINATION****विषय - हिंदी****अक्टूबर**

पाठ का नाम और विषय	कालांश	विषय संवर्धन /कला एकीकृत गतिविधि	सहायक सामग्री
पाठ - 11 उस रात की बात (कहानी)	5	पाठ में वर्णित मानवीय मूल्यों की चर्चा करना	पाठ्य पुस्तक
पाठ -12 दोहे	5	दोहा गायन (कला एकीकृत)	दृश्यात्मक प्रस्तुतिकरण

पाठ – 13 साहस को सलाम	5	पठित गद्यांश (विषय संवर्धन)	कार्य प्रपत्र
पाठ – 14 एस. रामानुजन (केवल पढने के लिए)	3	रामानुजन के जीवन का परिचय देना । (परियोजना कार्य) अनुच्छेद-पर्यावरण की सुरक्षा	ई स्मार्ट
नवम्बर			
पाठ का नाम और विषय	कालांश	विषय संवर्धन /कला एकीकृत गतिविधि	सहायक सामग्री
पाठ-15 अन्न दाता कृषक (कविता)	5	सूचना -गुरुपर्व मनाए जाने संबंधी सूचना तैयार करें ।	कार्य प्रपत्र
पाठ -16 देश भक्त पुरु (नाटक)	5	श्रुतलेख	सम्बंधित पुस्तकें
पाठ-17 काकी (कहानी)	5	पतंग बनाना (रचनात्मक कार्य) (कला एकीकृत) संवाद : आपने दीपावली कैसे मनाई इस संबंध में अपने मित्र से संवाद ।	पाठ्य पुस्तक
दिसम्बर			
पाठ का नाम और विषय	कालांश	विषय संवर्धन /कला एकीकृत गतिविधि	सहायक सामग्री
पाठ-18 बाल लीला एवं कुंडलियाँ	5	श्री कृष्ण के जीवन से संबन्धित किसी एक विषय की चर्चा	ई –स्मार्ट
पाठ -19 गणेशोत्सव (निबंध)	6	1. पत्र लेखन - सड़कों की खराब हालत संबंधी 2.अलग अलग दालों से गणेश जी की प्रतिमा बनाना (कला एकीकृत)	दृश्यात्मक प्रस्तुतिकरण
पाठ – 20 कर्मवीर (कविता)	5	कर्म ही पूजा है अनुच्छेद लेखन (रचनात्मक लेखन)	पाठ्य पुस्तक
जनवरी / फरवरी	द्वितीय सत्र की दोहराई		
मार्च	वार्षिक परीक्षा		

SUBJECT - MATHEMATICS**Note: 30% Syllabus of First Term will come in Second Term.****OCTOBER**

Chapter No. With Name	No. of Periods	Subject Enrichment Activities / Art Integration / Project	Teaching Aids
Chapter 6 Algebraic Expressions	9 - 10	Graffiti wall	E- Smart Contents
Chapter 7 Linear Equations in one Variable	8 - 10	_____	E-Smart Contents

NOVEMBER

Chapter No. With Name	No. of Periods	Subject Enrichment Activities / Art Integration / Project	Teaching Aids
Chapter 4 Exponents and Radicals	10-12	_____	Properties in E-Smart contents
Chapter 11 Perimeter and Area	15 - 18	To find ratio of circumference of a circle to its diameter - Application of Concepts	Cut-outs of different Shapes & Real life examples

DECEMBER

Chapter No. With Name	No. of Periods	Subject Enrichment Activities / Art Integration / Project	Teaching Aids
Chapter 13 Symmetry	4-5	Drawing beautiful patterns by paper folding, Hole Patterns- Graphic Based	Colourful papers along with examples of symmetry
Chapter 14 Visualising Solids	3 - 4	Net of LUDO DICE Individual, Project/ Creative Thinking	E- Smart Contents
Chapter 5 Application of Percentage	8 - 9		Discount offers Advertisement

Note : Case Based Questions and Viva will be conducted before Final Examination.

**JANUARY/ FEBRUARY
MARCH**

Revision of whole Syllabus
ANNUAL EXAMINATION

SUBJECT-SCIENCE

Note: 30% syllabus of First Term will come in Second Term.

Chapter no. 05 Heat

Chapter no. 11 Electric Charges At Rest

OCTOBER

Chapter No. and Name	No. of Periods	Practical	Teaching Aids
Lesson 16 Water	Deleted		
Lesson 3 Chemical Substances and Processes	10	To study various chemical reactions (W)	Materials required for the activity
Lesson 4 Acid and Bases	10	To study the effect of indicators on acidic , basic and neutral salts (W)	Material required for the activity

NOVEMBER

Chapter No. and Name	No. of Periods	Practical	Teaching Aids
Lesson - 14 Fabric from Fibre	4	To study the life cycle of a silk moth. Fabric in India on India's Map- Art Integration Activity.	E-smart
Lesson - 17 Electric Current and its Effects	10	Working of Electric Bell through model.	Materials required for activities
Lesson - 9 Reproduction in Plants	7	To dissect a flower and study its parts. (W)	Live models, charts, Model of a flower

DECEMBER

Chapter No. and Name	No. of Periods	Practical	Teaching Aids
Lesson : 7 Respiration in Organisms	10	To show that exhaled air contains carbon dioxide through NaOH and phenolphthalein(W)	Model, Chart, materials required for activity
Lesson : 12 Light	15	To study image formation by concave and convex mirror.	Materials required for activity, Plane mirror, convex mirror, concave mirror

JANUARY / FEBRUARY
MARCH

Revision of whole Syllabus
ANNUAL EXAMINATION

SUBJECT- SOCIAL SCIENCE

Note: 30% syllabus of First Term will come in Second Term.

Chapter no. 01 Components of Environment

Chapter no. 19 Our State Government

Chapter no. 02 Earth and Changes on it.

OCTOBER

Lesson No./ Topic	No. of Periods	Subject Enrichment Activities/ Activity	Art Integration	Teaching Aids/ Technology
GEOGRAPHY Lesson-4: Air Around Us	6	Project : Poster on Save Environment & Paste in Notebook	Diagram of Structure of Atmosphere	Videos related to topics, E-Smart Content
Lesson-5: Water Surrounding the Earth	5	Map Skill :- Fill 5 Cold Ocean currents & 5 Hot Ocean currents With Name	Weather variation in Andhra & Punjab on A4 sheets.	E-Smart Content, Videos related to topics
HISTORY Lesson-14: Regional Powers (Only For Discussion)	2			

<u>CIVICS</u> Lesson-21: Advertising & Democracy	5		Make any one advertisement - Literacy or Health	Advertisements, Books pictures, E-Smart Content
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NOVEMBER

Lesson No. / Topic	No. of Periods	Subject Enrichment Activities/Activity	Art Integration	Teaching Aids/ Technology
<u>GEOGRAPHY</u> Lesson-6: Life On the Earth	5	Map skill -page no. 48		E-Smart Content
<u>GEOGRAPHY</u> Lesson-7: Human Environment	5	Map Work: International Airports and sea ports in India.(Any 5)	Something to do - page no. 56	E-Smart Content , Pictures related topics
<u>HISTORY</u> Lesson-15: The Mughal Empire	6	Something to Do- no.3- Who am I? Page no.130	Time line	PPT, E-Smart Board,
<u>CIVICS</u> Lesson-22: Unpacking Gender	5	Map Work: Page no.190		Text Book, E-Smart Content, Pictures of gender inequality

DECEMBER

Lesson No. / Topic	No. of Periods	Subject Enrichment Activities/Activity	Art Integration	Teaching Aids/ Technology
<u>GEOGRAPHY</u> Lesson-8: Land and the People(Only For Discussion)	3	Diksha Portal- Comic book Share in Class Group Discuss in Class	A story on desert- hot or cold desert	E-Smart Content
<u>HISTORY</u> Lesson-16: Emergence of Independent States Only For Discussion	2	Narrate a story on Shiva ji / Sikhs / Rajputs - wars and life		Text Book,
Lesson-17: Major Religions	4	Something to do Page No ->148	Hands Out on Major Religions	E-Smart Content

<u>CIVICS</u> Lesson-23 Markets Around Us	5	Map Skill	E-Smart Content
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JANUARY / FEBRUARY
MARCH

Revision of whole Syllabus
ANNUAL EXAMINATION
SUBJECT - COMPUTER

OCTOBER

Chapter No./ Name of Chapter	No. of Periods	Activities	Teaching Aids
Chapter - 5 GIMP Tools	6	1. Learn various tools available in GIMP. 2. Use advanced tools of GIMP for editing images	E-Smart Board, Stylus, GIMP

NOVEMBER

Chapter No./ Name of Chapter	No. of Periods	Activities	Teaching Aids
Chapter - 6 Advanced GIMP	6	1. Concept of layers 2. Filters and Masking.	E-Smart Board, Stylus, GIMP
Chapter-7 Basics of Internet	3	1. Role of World Wide Web 2. Concept of web server	E-Smart Board, Stylus, Internet Connection

DECEMBER

Chapter No./ Name of Chapter	No. of Periods	Activities	Teaching Aids
Chapter-7 Basics of Internet	3	Web Browsers and Blogs	E-Smart Board, Stylus, Internet Connection
Chapter - 8 Internet and Web Services	6	Use of E-Learning, E-Commerce, E-Shopping, E-Reservation, E-Banking.	E-Smart Board, Stylus, Internet Connection

JANUARY / FEBRUARY

Revision + Oral / Practical Examination

MARCH

ANNUAL EXAMINATION

SUBJECT - VISUAL ART**OCTOBER**

Step By Step	Drawing file	No. of Periods	Activity	Teaching Aids
Page No. 29, 31, 33, 35 (composition)	Draw and colour Landscape	4	Wall Hanging	Decorative material, thali, fevicol

NOVEMBER

Step By Step	Drawing file	No. of Periods	Activity	Teaching Aids
Page No. 37,39,41,43 (composition)	Draw and colour seascape	4	Idol Making(Ganesha Toys etc.)	Colour brushes, ivory sheet, fevicol.

DECEMBER

Step By Step	Drawing file	No. of Periods	Activity	Teaching Aids
Page No. 44 to 47 (composition)	Fruits composition with poster colour	4	File Decoration	Colourful charts decorative material.

JANUARY/FEBRUARY
MARCH

Revision of whole Syllabus
ANNUAL EXAMINATION

SUBJECT - GENERAL KNOWLEDGE**OCTOBER**

Unit No. and Name	No. of Periods	Activity	Teaching Aids
UNIT IV Art and Culture	3	1. Paste 5 pictures of Famous Indian Street Foods with their associated cities. 2. Paste 5 pictures of different dance styles with their associated places.	Kid Wiz + E-Smart

NOVEMBER

Unit No. and Name	No. of Periods	Activity	Teaching Aids
UNIT VI Sports and Games	3	1. Paste 5 pictures of famous Tennis Stars of India. 2. Paste any 5 pictures of famous Asanas with their names.	Kid Wiz + E-Smart

DECEMBER

Unit No. and Name	No. of Periods	Activity	Teaching Aids
UNIT V Math Magic	3	1. Paste Picture of great Mathematician Ramanujan and prepare his fact file as shown on page no. 78 of your book.	Kid Wiz + E-Smart

JANUARY / FEBRUARY
MARCH

Revision of whole Syllabus
ANNUAL EXAMINATION

विषय - नैतिक शिक्षा

अक्तूबर

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
माँ-बाप को भूलना नहीं	1	छात्र याद करेंगे सस्वर उच्चारण करवाना	चार्ट
पाठ -10 ईश विनय	1	उत्तर लिखेंगे + भावार्थ	पुस्तक
पाठ -11 स्वामी श्रद्धानंद	2	पाठ को समझकर बुराईयों को छोड़ेंगे।	गुरुकुल भ्रमण
पाठ -12 महात्मा हंसराज	2	महात्मा हंसराज जी पर 7 वाक्य लिखेंगे	उदाहरण
पाठ -13 स्वामी दर्शनानंद	2	इनके प्रचार कार्यों का उल्लेख	

नवंबर

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ -14 आर्य पार्थिक पं. लेखराम	2	इनके कुछ ग्रंथों के नाम प्रस्तुत करेंगे	पुस्तक
पाठ -15 उद्धोष	1	उद्धोष कविता का भावार्थ लिखेंगे	महापुरुषों के उदाहरण
पाठ -16 मेरा देश	2	देश के अलग-अलग नाम याद करके उत्तर लिखेंगे	स्वामी दयानंद जी का उदाहरण
पाठ -17 रोगी कौन नहीं	2	पाप का अन्न खाने से होने वाली हानि के प्रभाव उदाहरण प्रस्तुत करेंगे	पुस्तक

दिसंबर

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ -18 अंधविश्वास का फल	2	सम्राटों का उदाहरण	अभ्यास पुस्तिका
पाठ -19 अटल प्रीति	1	प्रभु भक्ति पर भजन + भावार्थ	
पाठ -20 हमारे पर्व	1	छात्र कुछ पर्वों के नाम लिखेंगे	ई-स्मार्ट
पाठ - 21	1	मंत्र याद करेंगे (कोई 4 मन्त्र)	ई-स्मार्ट
पाठ - 22	1	शांति पाठ लिखकर याद करेंगे	पुस्तक

जनवरी / फरवरी
मार्च

करवाए गए पाठ्यक्रम की दोहराई
वार्षिक परीक्षा

नोट: प्रत्येक पाठ के बाद परीक्षा ली जाएगी |

विज्ञान - पंजाबी

अकतुबरा:

पाठ/ विज्ञान	पीरिअड	गतिविधियाँ	कलाकृति	अधिआपन समंगरी
पाठ-9 अंघों के रूँध(लेख)	3		पैरु रचना(किसे अडुल जाद बारे)	पुसतक
पाठ-10 भासा(कविता)	3	धीर बहाउट्ट दी विधी कपी 'ते लिखे।	उपबेलीआं दा गीत सुहाउटा	पुसतक, वीडिओ
पाठ-11 निंबू वाली धीर(कहाणी)	1(मैथिक)		अडडिँठा पैरु	पुसतक
विआकरन पाठ-9 पडनांव	2			पुसतक, वीडिओ

ਪਾਠ-10 ਵਿਸ਼ੇਸ਼ਣ	1			ਪੁਸਤਕ
ਵਿਰੋਧੀ ਸ਼ਬਦ (1-25 ਪਹਿਲੀ ਲਾਈਨ)	1	ਟੀਮ ਗੇਮ		ਪੁਸਤਕ
ਲੇਖ: ਸਵੇਰ ਦੀ ਸੈਰ	1	ਵਿਚਾਰ ਵਟਾਂਦਰਾ ਕਰਨਾ		ਪੁਸਤਕ
ਅਰਜੀ/ ਪੱਤਰ: ਸਕੂਲ ਵਿੱਚ ਪਹਿਲੀ ਵਾਰ ਦਾਖਲਾ ਲੈਣ ਲਈ ਮੁੱਖ ਅਧਿਆਪਕ ਨੂੰ	1	ਪੱਤਰ ਦੀ ਭਾਗ ਵੰਡ ਸਮਝਾਉਣਾ		ਪੁਸਤਕ

ਨਵੰਬਰ:

ਪਾਠ/ ਵਿਸ਼ਾ	ਪੀਰੀਅਡ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾਕ੍ਰਿਤੀ	ਅਧਿਆਪਨ ਸਮੱਗਰੀ
ਪਾਠ-12 ਟੀਹਰੀ(ਲੇਖ)	4	ਵਿਸ਼ੇ ਸੰਬੰਧੀ ਵੀਡੀਓ ਦਿਖਾਉਣੀ	ਤਸਵੀਰ ਵਰਨਣ	ਪੁਸਤਕ, ਵੀਡੀਓ
ਪਾਠ-13 ਹਿੰਮਤ ਦਾ ਪੱਲਾ(ਕਵਿਤਾ)	3	ਵਿਸ਼ੇ ਸੰਬੰਧੀ ਵੀਡੀਓ ਦਿਖਾਉਣੀ	ਕਵਿਤਾ ਤੋਂ ਕਹਾਣੀ ਲਿਖੋ।	ਪੁਸਤਕ, ਵੀਡੀਓ
ਪਾਠ-14 ਸਿਆਣਾ ਖੋਤਾ(ਕਹਾਣੀ)	4	ਕਹਾਣੀ ਸੁਣਾਉਣਾ		ਪੁਸਤਕ
ਪਾਠ-12 ਕਾਲ ਅਤੇ ਵਾਚ	2			ਪੁਸਤਕ
ਬਹੁ ਅਰਥਕ ਸ਼ਬਦ (1-10)				
ਪਿਛੇਤਰ(1-15)+ ਸੁਣਨ ਕਲਾ	1			ਪੁਸਤਕ
ਲੇਖ- ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ	1	ਵਿਚਾਰ ਵਟਾਂਦਰਾ ਕਰਨਾ		ਪੁਸਤਕ
ਅਰਜੀ/ ਪੱਤਰ: ਕਿਸੇ ਕਿਤਾਬਾਂ ਦੀ ਫਰਮ ਤੋਂ ਵੀ ਪੀ ਪੀ ਰਾਹੀਂ	1	ਪੱਤਰ ਦੀ ਭਾਗ ਵੰਡ ਸਮਝਾਉਣਾ		ਪੁਸਤਕ

ਕਿਤਾਬਾਂ ਮੰਗਵਾਉਣ
ਲਈ

ਦਸੰਬਰ:

ਪਾਠ/ ਵਿਸ਼ਾ	ਪੀਰੀਅਡ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾਕ੍ਰਿਤੀ	ਅਧਿਆਪਨ ਸਮੱਗਰੀ
ਪਾਠ- 15 ਖੰਡ ਤੇ ਗੁੜ	4			ਪੁਸਤਕ, ਵਾਰਤਾਲਾਪ
ਪਾਠ-16 ਬਾਪੂ ਦੀ ਘੋੜੀ(ਇਕਾਂਗੀ)	4		ਇਕਾਂਗੀ ਮੰਚਨ	ਪੁਸਤਕ, ਸਜੀਵ ਪਾਤਰ
ਵਿਆਕਰਨ ਪਾਠ-24 ਵਿਸਰਾਮ ਚਿੰਨ੍ਹ	2	ਵਿਸਰਾਮ ਚਿੰਨ੍ਹ ਲਗਾਓ		ਪੁਸਤਕ, ਪੀ ਪੀ ਟੀ
ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ(1-20)	1			ਪੁਸਤਕ
ਅਖਾਣ ਕੇਵਲ ਅਰਥ (1-15)	1			ਪੁਸਤਕ
ਲੇਖ: ਦੀਵਾਲੀ	1	ਵਿਚਾਰ ਵਟਾਂਦਰਾ ਕਰਨਾ		ਪੁਸਤਕ
ਅਰਜੀ/ ਪੱਤਰ: ਛੋਟੇ ਭਰਾ ਨੂੰ ਪਛਾਣੀ ਲਈ ਪ੍ਰੇਰਨਾ ਪੱਤਰ	1	ਪੱਤਰ ਦੀ ਭਾਗ ਵੰਡ ਸਮਝਾਉਣਾ		ਪੁਸਤਕ

ਜਨਵਰੀ / ਫਰਵਰੀ- ਕੀਤੇ ਗਏ ਕੰਮ ਦੀ ਦੁਹਰਾਈ ਤੇ ਨਿਯਮਕਾਲਕ ਪ੍ਰੀਖਿਆ

ਮਾਰਚ- ਦੂਜੀ ਛਿਮਾਹੀ ਪ੍ਰੀਖਿਆ (ਦੂਜੀ ਟਰਮ+ ਪਹਿਲੀ ਟਰਮ ਦਾ 30% ਸਿਲੇਬਸ)

ਵਿਸ਼ਯ - ਸੰਸਕ੍ਰਿਤ

ਅਕਤੂਬਰ

ਪਾਠ ਕਾ ਨਾਮ / ਵਿਸ਼ਯ	ਕਾਲਾਂਸ਼	ਗਤੀਵਿਧੀਆਂ	ਸਹਾਯਕ ਸਾਮਗ੍ਰੀ
ਪਾਠ - 6 ਯਸ੍ਯ ਬੁਧਿ: ਤਸ੍ਯ ਬਲੰ	2	ਸੰਵਾਦ ਬੁਲਵਾਨਾ	ਪੁਸਤਕ
ਪਾਠ -7 ਬੁਧਿ: ਏਵ ਉਤਮਾ	2	ਬੁਧਿ ਸੇ ਸੰਬੰਧਿਤ ਏਕ ਅਨ੍ਯ ਕਥਾ ਬਚਚੌ ਸੇ ਸੁਨਨਾ	ਅਨ੍ਯ ਪੁਸਤਕ

नवंबर

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ - 8 अविवेकः परमापदां पदम्	2	सूक्तियाँ एकत्रित कर बुलवाना	चार्ट
पाठ - 9 बुद्धिमान गोपालकः	2	बुद्धि का महत्त्व बताना	पुस्तक
गिनती 1-25	1	मटका गेम	चिट्स

दिसंबर

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ -10 मधुराणि वचनानि	2	मधुर वचन बुलवाने	अन्य पुस्तक
पत्र 2	1	पत्र का संक्षिप्त परिचय	पुस्तक

विषय संवर्धन गतिविधि - श्लोक उच्चारण प्रतियोगिता

जनवरी / फरवरी	करवाए गए पाठ्यक्रम की दोहराई	प्रत्येक पाठ के बाद परीक्षा ली जाएगी
मार्च	वार्षिक परीक्षा	

SUBJECT - PERFORMING ART**OCTOBER-NOVEMBER**

Topic	No. of Days	Tools & Techniques	Teaching Aid
Shabad	6	Demonstration with singing	Harmonium+Tabla+ Mirox, Lyrics,Dairy etc.
Drama on Education system	6	Demonstration with steps	With Props
National Anthem	6	Demonstration with singing& Instruments.	Harmonium,keyboard, congo etc.

DECEMBER-**JANUARY/FEBRUARY****MARCH****Revision**

Revision of whole Syllabus

ANNUAL EXAMINATION

SUBJECT - HEALTH & PHYSICAL EDUCATION**OCTOBER**

Lesson No. / Topic	No. of Periods	Activities	Teaching Aids
Food & Nutrition	01	Demonstration	Chart / Video
Gym Period	01	Exercise In Gym	Multi Gym
Game- KHO-KHO (for girls) Volley Ball (for boys)	01	Play Games in Ground	Volley Ball/ Video/ Whistle/ Lime Powder
Yoga-Bhujangasana & Chakarasana	01	Perform Yogaasana	Body Movement/ Chart

NOVEMBER

Lesson No. / Topic	No. of Periods	Activities	Teaching Aids
Safety & Security	01	Demonstration	Chart
Game- KHO-KHO(for girls) Volley Ball(for boys)	01	Play Games in Ground	Volley Ball/ Video/ Whistle/ Lime Powder
Gym Period	01	Exercise In Gym	Multi Gym
Yoga-Halasanana & Dhurasana	01	Perform Yogaasana	Body Movement/ Chart

DECEMBER

Lesson No. / Topic	No. of Periods	Activities	Teaching Aids
Social health/ Consumer health & sports services	01	Demonstration	Chart / Video
Gym Period	01	Exercise In Gym	Multi Gym
Yoga-Padamasana & Tarasana	01	Perform Yogaasana	Body Movement/ Chart
Game- KHO-KHO (for girls) Volley Ball (for boys)	01	Play Games in Ground	Volley Ball/ Video/ Whistle/ Lime Powder

Subject Enrichment Activities

1. Benefits of Yoga, Yoga Files.
2. Rules for game Kho - Kho, Volley Ball, Game File.

JANUARY/ FEBRUARY Revision of whole Syllabus**MARCH** ANNUAL EXAMINATION

INTERNAL ASSESSMENT

LANGUAGES

COMPETENCIES	ASSESSMENT PARAMETERS
LISTENING & SPEAKING SKILL(10)	LISTENING TASKS (based on listening to recorded material/audio for gist, specific details, understanding, analysis, inference, to draw conclusions, to report/communicate, to sequence, to find purpose, to understand vocabulary, to draw a road map/picture, to act or follow, etc.)
	CONVERSATION (interviews, telephonic conversation, panel discussions, pair/group discussions, circle time, interactive activities, etc.)
	PHONICS (poem recitation, paragraph narration, word pronunciation, stress, intonation, pauses, tone, etc.)
	LANGUAGE FUNCTIONS (suggesting, advising, seeking/giving permissions, refusing/agreeing, offering, complaining, requesting, complimenting, apologising, ordering, etc.)
	PRESENTATION (topic presentation, picture description, story-telling, extempore, debate, radio show, advertisements, newsroom, role play, class assembly, etc.)
READING SKILL (5)	READING COMPREHENSION (reading for central idea, cause-effect, similarity & difference, predicting, fact & opinion, drawing conclusions, character analysis, creating concept maps/flow charts/graphic organisers, etc.)
	VOCABULARY & DICTIONARY USE (new words, synonyms, antonyms, idioms and their usage in sentences)
	LOUD READING (with focus on rhyme, rhythm, pronunciation, word & sentence stress, pauses, etc.)
WRITING SKILL & LANGAU	CREATIVE WRITING (based on verbal or visual stimulus, sentence formation, paragraph drafting, describing an object/place/person/event, story writing, etc. using creativity, coherence, cohesion and appropriate sentence starters)
	GRAMMAR (games, activities and worksheets - contextual use of

GE CONVENTIONS (5)	grammar for editing, fill-ups, cloze text, etc.)
	VOCABULARY & DICTIONARY USE (new words, synonyms, antonyms, idioms & proverbs, contextual usage in sentences)
	SPELLING (puzzles, worksheets, activities and games to learn spelling)
PORTFOLIO (5)	NOTEBOOK PRESENTATION & CORRECTION WORK
	ART INTEGRATED SUBJECT ENRICHMENT ACTIVITIES
	CLASS TEST/ORAL TEST/ VERBAL REASONING QUIZ
PROJECT (5)	PROJECT & VIVA
GOOD READER BONUS	(0/1/2/3/4 marks)* <i>For details, please see annexure</i>

हिंदी भाषा

दक्षता एवं कौशल	आंतरिक मूल्यांकन मापदंड
श्रवण और वाचन कौशल (10)	सुनने के कार्य (रिकॉर्ड की गई सामग्री/सार के लिए ऑडियो सुनने के आधार पर, विशिष्ट विवरण, समझ, विश्लेषण, अनुमान, निष्कर्ष निकालना, रिपोर्ट करना/संवाद करना, अनुक्रम करना, उद्देश्य खोजना, शब्दावली को समझना, रोड मैप/चित्र बनाना, कार्य करना या अनुसरण करना, आदि)
	संभाषण (साक्षात्कार, टेलीफोनिक) वार्तालाप, पैनल चर्चा, जोड़ी/समूह चर्चा, मंडली का समय, संवादात्मक गतिविधियाँ, आदि)
	ध्वनि विद्या (कविता पाठ, अनुच्छेद कथन, शब्द उच्चारण, तनाव, स्वर, विराम, आदि)
	भाषा कार्य (सुझाव देना, सलाह देना, अनुमति मांगना/देना, मना करना/सहमत होना, पेशकश करना, शिकायत करना, अनुरोध करना, प्रशंसा करना, माफी मांगना तथा आदेश देना, आदि)

	प्रस्तुतिकरण (विषय प्रस्तुति, चित्र विवरण, कहानी-कथन, आशुभाषण, वाद-विवाद, रेडियो शो, विज्ञापन, न्यूज़रूम, रोल प्ले,
पठन कौशल (5)	पढ़ने की समझ (केंद्रीय विचार, कारण-प्रभाव, समानता और अंतर के लिए पढ़ना, भविष्यवाणी करना, तथ्य और राय, निष्कर्ष निकालना, चरित्र विश्लेषण, अवधारणा मानचित्र/प्रवाह चार्ट/चित्रोपमा करना या बनाना, आदि)
	शब्दावली और शब्दकोश का उपयोग (नए शब्द, समानार्थक शब्द, विलोम, मुहावरे और वाक्यों में उनका प्रयोग)
	उच्च पठन (गद्य व पद्य पठन के दौरान लय-ताल, छंद, आरोह-अवरोह, तुकबंदी आदि के उच्चारण में विशेष ध्यान देना आदि)
लेखन कौशल (5)	रचनात्मक लेखन (मौखिक या दृश्य विषय के आधार पर, वाक्य रचना, अनुच्छेद प्रारूपण, किसी वस्तु/स्थान/व्यक्ति/घटना का वर्णन, कहानी लेखन, आदि। रचनात्मकता, सुसंगतता, सामंजस्यता और उपयुक्त वाक्य शुरुआत का उपयोग करके)
	व्याकरण (खेल, गतिविधियों और कार्यपत्रकों के प्रासंगिक उपयोग संपादन के लिए व्याकरण, रिक्त-स्थान पूर्ति परीक्षण संबंधी आदि)
	शब्दावली और शब्दकोश का उपयोग (नए शब्द, समानार्थक शब्द, विलोम, मुहावरे और कहावतें, वाक्यों में प्रासंगिक उपयोग)
	वर्तनी (वर्तनी सीखने के लिए पहेली दुविधा, कार्यपत्रक, गतिविधियाँ और खेल)
पोर्टफोलियो (5)	टिप्पणी पुस्तिका (Note book) प्रस्तुतिकरण और सुधार कार्य।
	कला एकीकृत विषय संवर्धन गतिविधियाँ।
	कक्षा परीक्षण/मौखिक परीक्षण/मौखिक तर्क प्रश्नोत्तरी।
परियोजना कार्य (5)	परियोजना कार्य एवं साक्षात्कार।
उत्तम पाठक लाभांश	(0/1/2/3/4 अंक)*

ਪੰਜਾਬੀ ਭਾਸ਼ਾ

ਕੌਸ਼ਲ	ਭਾਸ਼ਾ ਮੁਲਾਂਕਣ ਦਾ ਮਾਪਦੰਡ
<p>ਸੁਣਨ</p> <p>ਤੇ</p> <p>ਬੋਲਣ ਕੌਸ਼ਲ</p> <p>10</p>	<p>ਸੁਣਨ ਦੇ ਕੰਮ:- (ਰਿਕਾਰਡ ਕੀਤੀ ਗਈ ਸਮੱਗਰੀ / ਸਾਰ ਦੇ ਲਈ ਆਡੀਓ ਸੁਣਨ ਦੇ ਅਧਾਰ ਤੇ, ਸਮਝ, ਵਿਸ਼ਲੇਸ਼ਣ, ਅਨੁਮਾਨ, ਸਿੱਟੇ ਕੱਢਣ ਲਈ, ਰਿਪੋਰਟ ਕਰਨਾ/ਸੰਵਾਦ ਕਰਨਾ, ਅਨੁਕ੍ਰਮ ਕਰਨਾ, ਉਦੇਸ਼ ਲੱਭਣਾ, ਸ਼ਬਦਾਵਲੀ ਨੂੰ ਸਮਝਣਾ, ਰੋਡ ਮੈਪ/ਚਿੱਤਰ ਬਣਾਉਣਾ, ਕੰਮ ਕਰਨਾ ਜਾਂ ਪਾਲਣਾ ਕਰਨਾ ਆਦਿ)</p>
	<p>ਗੱਲਬਾਤ:- ਇੰਟਰਵਿਊ, ਟੈਲੀਫੋਨ ਰਾਹੀਂ ਗੱਲਬਾਤ) ਵਾਰਤਾਲਾਪ, ਪੈਨਲ ਰਾਹੀਂ ਚਰਚਾ, ਸਮੂਹ ਚਰਚਾ, ਇੰਟਰਐਕਟਿਵ ਗਤੀਵਿਧੀਆਂ ਆਦਿ।</p>
	<p>ਧੁਨੀ ਵਿਗਿਆਨ :- ਕਵਿਤਾ ਪਾਠ, ਅਨੁਛੇਦ ਕਥਨ, ਸ਼ਬਦ ਉਚਾਰਨ, ਜੋਰ, ਸਵਰ, ਵਿਰਾਮ ਆਦਿ</p>
	<p>ਭਾਸ਼ਾ ਕੰਮ :- ਸੁਝਾਅ ਦੇਣਾ, ਸਲਾਹ ਦੇਣਾ, ਸਹਿਮਤੀ ਮੰਗਣਾ/ਦੇਣਾ, ਮਨੁੱਖ ਕਰਨਾ/ਸਹਿਮਤ ਹੋਣਾ, ਪੇਸ਼ਕਸ਼ ਕਰਨਾ, ਸ਼ਿਕਾਇਤ ਕਰਨਾ, ਪ੍ਰਸ਼ੰਸਾ ਕਰਨਾ, ਮਾਫ਼ੀ ਮੰਗਣਾ ਅਤੇ ਆਦੇਸ਼ ਦੇਣਾ ਆਦਿ।</p>
	<p>ਪ੍ਰਸਤੁਤੀਕਰਨ:- ਵਿਸ਼ੇ ਦੀ ਪ੍ਰਸਤੁਤੀ, ਤਸਵੀਰ ਵਰਣਨ, ਕਹਾਣੀ ਸੁਣਾਉਣੀ, ਵਾਦ-ਵਿਵਾਦ, ਰੇਡੀਓ ਸ਼ੋਅ, ਵਿਗਿਆਪਨ, ਨਿਊਜ਼ਰੂਮ, ਰੋਲ-ਪਲੇਅ ਆਦਿ।</p>
<p>ਪੜ੍ਹਨ ਕੌਸ਼ਲ</p> <p>5</p>	<p>ਪੜ੍ਹਨ ਦੀ ਸਮਝ:- (ਕੇਂਦਰੀ ਵਿਚਾਰ ਲਈ ਪੜ੍ਹਨਾ, ਕਾਰਨ ਪ੍ਰਭਾਵ, ਸਮਾਨਤਾ ਅਤੇ ਅੰਤਰ ਦੇ ਲਈ ਪੜ੍ਹਨਾ, ਭਵਿੱਖਬਾਣੀ ਕਰਨਾ, ਤੱਥ ਤੇ ਰਾਏ, ਸਿੱਟਾ ਕੱਢਣਾ, ਚਿੱਤਰ ਵਿਸ਼ਲੇਸ਼ਣ, ਮਾਨ ਚਿੱਤਰ/ ਪ੍ਰਵਾਹ ਚਾਰਟ/ ਗ੍ਰਾਫਿਕ ਆਯੋਜਕ ਬਣਾਉਣਾ ਆਦਿ)</p>
	<p>ਸ਼ਬਦਾਵਲੀ ਅਤੇ ਸ਼ਬਦਕੋਸ਼ ਦਾ ਉਪਯੋਗ :- (ਨਵੇਂ ਸ਼ਬਦ, ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ, ਵਿਰੋਧੀ ਸ਼ਬਦ, ਮੁਹਾਵਰੇ ਤੇ ਅਖਾਣ, ਵਾਕਾਂ ਵਿੱਚ ਵਰਤੋਂ)</p>
	<p>ਉੱਚੀ ਅਵਾਜ਼ ਵਿੱਚ ਪੜ੍ਹਨਾ:- (ਕਵਿਤਾ ਵਿੱਚ ਲੈਅ-ਤਾਲ, ਛੰਦ, ਅਰੋਹ- ਵਿਰੋਹ, ਤੁਕਬੰਦੀ ਆਦਿ ਦੇ ਉਚਾਰਨ ਵੱਲ ਵਿਸ਼ੇਸ਼ ਧਿਆਨ ਦੇਣਾ ਆਦਿ)</p>
	<p>ਰਚਨਾਤਮਕ ਲੇਖਣ:- (ਮੌਖਿਕ ਜਾਂ ਦਿਖ ਉਤੇਜਨਾ ਦੇ ਅਧਾਰਤ, ਵਾਕ ਰਚਨਾ, ਅਨੁਛੇਦ ਤਿਆਰ ਕਰਨਾ, ਕਿਸੇ ਵਸਤੂ/ਸਥਾਨ/ਵਿਅਕਤੀ/ਘਟਨਾ ਦਾ ਵਰਣਨ, ਕਹਾਣੀ ਲਿਖਣਾ ਆਦਿ। ਰਚਨਾਤਮਕਤਾ, ਤਾਲਮੇਲ, ਉਚਿਤ ਵਾਕਾਂ ਦਾ ਉਪਯੋਗ ਕਰਕੇ)</p>
	<p>ਵਿਆਕਰਨ:- ਖੇਡ, ਗਤੀਵਿਧੀ ਅਤੇ ਵਰਕਸ਼ੀਟ ਦੀ ਪ੍ਰਸੰਗਿਕ ਵਰਤੋਂ ਦੇ ਲਈ ਵਿਆਕਰਨ, ਖਾਲੀ ਥਾਵਾਂ ਭਰੇ ਸੰਬੰਧੀ ਪ੍ਰੀਖਿਆ ਆਦਿ।</p>

ਲਿਖਣ ਕੌਸ਼ਲ 5	ਸ਼ਬਦਾਵਲੀ ਅਤੇ ਸ਼ਬਦਕੋਸ਼ ਦਾ ਉਪਯੋਗ :- (ਨਵੇਂ ਸ਼ਬਦ , ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ , ਵਿਰੋਧੀ ਸ਼ਬਦ , ਮੁਹਾਵਰੇ ਤੇ ਅਖਾਣ, ਵਾਕਾਂ ਵਿੱਚ ਵਰਤੋਂ)
	ਵਰਤਨੀ:- (ਪਹੇਲੀਆਂ , ਵਰਕਸ਼ੀਟ , ਗਤੀਵਿਧੀਆਂ ਤੇ ਖੇਡ ਰਾਹੀਂ ਸਿੱਖਣਾ)
ਪੋਰਟਫੋਲੀਓ 5	ਕਾਪੀ ਦਾ ਕੰਮ ਅਤੇ ਸੁਧਾਰ ਕੰਮ
	ਕਲਾ ਇਕੱਤਰਤਾ ਤੇ ਵਿਸ਼ਾ ਸੰਸ਼ੋਧਨ ਗਤੀਵਿਧੀ
	ਜਮਾਤ ਟੈਸਟ / ਮੌਖਿਕ ਟੈਸਟ / ਮੌਖਿਕ ਤਰਕ ਪ੍ਰਸ਼ਨੋਤਰੀ
ਪ੍ਰੋਜੈਕਟ 5	ਪ੍ਰੋਜੈਕਟ

SCIENCE

COMPETENCIES	ASSESSMENT PARAMETERS
CRITICAL THINKING & EVALUATION (5)	GROUP DISCUSSION/SYMPOSIUM (GROUP)
	DEBATE/ELOCUTION/EXTEMPORE (INDIVIDUAL)
PROBLEM SOLVING & INFERENCE (5)	EXPERIMENT/PRACTICAL DEMO/LAB ACTIVITY
	FIELD STUDY – SURVEY/INTERVIEW/QUESTIONNAIRE/INVESTIGATIVE TRIP/NATURE WALK
	PUZZLES/QUIZ/ORAL TESTS/MCQs BASED ON LOGICAL REASONING & CASE-BASED STUDY
COLLABORATION & CREATIVE THINKING (5)	SCIENCE EXHIBITION/STEM LAB
	MODEL/CHART/PPT WITH DEMO/PRESENTATION
	POSTERS/INFOGRAPHICS/MINDMAPS/FLOWCHARTS/WALL MAGAZINE

VALUE/ETHICAL	VALUE BASED ACTIVITY/PRESENTATION/STORY TELLING/ROLE PLAY/ AWARENESS CAMPAIGN/ PREVENTION DRIVES/TREE PLANTATION/ VACCINATION DRIVE ETC.
APPLICATION OF CONCEPTS (5)	
PROJECT & VIVA (5)	RESEARCH PROJECT
	VIVA VOCE
PORTFOLIO (5)	NOTEBOOK, FILE PRESENTATION & DIAGRAMS
	ASSIGNMENTS AND WORKSHEETS
	ART INTEGRATED SUBJECT ENRICHMENT ACTIVITIES

SOCIAL SCIENCE

COMPETENCIES	ASSESSMENT PARAMETERS
CRITICAL THINKING & EVALUATION (5)	GROUP DISCUSSION/SEMINAR/SYMPOSIUM/MOCK UN/ GRAM SABHA/GRAM PANCHAYAT/RWA/ELECTIONS (GROUP)
	DEBATE/ELOCUTION/EXTEMPORE/PRESENTATION (INDIVIDUAL)
PROBLEM SOLVING & INFERENCE (5)	FIELD STUDY – SURVEY/INTERVIEW/QUESTIONNAIRE/INVESTIGATIVE TRIP
	CASE-BASED STUDY/QUIZ/MCQs/ORAL TESTS/HOTS
COLLABORATION & CREATIVE THINKING (5)	MODEL/CHART/PPT PRESENTATION/DEMO/EXHIBITION
	POSTERS/INFOGRAPHICS/MINDMAPS/FLOWCHARTS/MONOGRAPHS
VALUE/ETHICAL	VALUE BASED ACTIVITY/PRESENTATION/ROLE PLAY/ STORYTELLING
	COMMUNITY SOCIAL WORK – DONATION DRIVE IN ORPHANAGE/ OLD AGE HOME/BLIND SCHOOL/ HOME FOR DIFFERENTLY ABLED/ CLEANLINESS DRIVE/SAVE MONUMENTS DRIVE/EACH ONE-TEACH ONE/ ADULT EDUCATION/CHILD LABOUR ETC. AWARENESS CAMPAIGNS ETC.
APPLICATION OF CONCEPTS (5)	

PORTFOLIO (5)	NOTEBOOK/FILE PRESENTATION & MAP WORK
	ASSIGNMENTS AND WORKSHEETS
	ART INTEGRATED SUBJECT ENRICHMENT ACTIVITIES
PROJECT & VIVA (5)	RESEARCH PROJECT
	VIVA VOCE

MATHEMATICS

COMPETENCIES	ASSESSMENT PARAMETERS
EVALUATION & INFERENCE (5)	CASE-BASED QUESTIONS/WORD PROBLEMS/HOTS
CRITICAL THINKING & PROBLEM SOLVING (5)	COMPUTATION & DEDUCTION
	PUZZLES/QUIZZES BASED ON CODING-DECODING/ SEQUENCING/MENTAL ABILITY/NON-VERBAL REASONING/ GRAPHIC-BASED/PATTERN/SERIES ETC.
COLLABORATION & CREATIVE THINKING (5)	GROUP/INDIVIDUAL PROJECT & VIVA
	MODEL/CHART/PPT PRESENTATION/DEMO/POSTERS/ INFOGRAPHICS/ MINDMAPS/FLOWCHARTS/EXHIBITION
VALUE/ETHICAL APPLICATION OF CONCEPTS (5)	APPLICATION OF CONCEPTS OF MATHS IN REAL LIFE
	VALUE BASED ACTIVITY/PRESENTATION/ROLE PLAY/STORY TELLING
PORTFOLIO (5)	NOTEBOOK PRESENTATION, ASSIGNMENTS AND WORKSHEETS
	MATHS LAB/ART INTEGRATED SUBJECT ENRICHMENT ACTIVITIES
PROJECT & VIVA (5)	RESEARCH PROJECT
	VIVA VOCE

DETAILED INTERNAL ASSESSMENT

Language I-English	Language II-Hindi	Language III- sanskrit/german/French/punjabi
Skills/Competencies	Skills/Competencies	Skills/Competencies
Listening Skills (5)	Listening Skills (5)	Listening Skills (5)
Speaking Skill (5)	Speaking Skill (5)	Speaking Skill (5)
Reading Skill (5)	Reading Skill (5)	Reading Skill (5)
Writing Skill & Language (Vocab,Spelling,Grammar) (5)	Writing Skill & Language (Vocab,Spelling,Grammar) (5)	Writing Skill & Language (Vocab,Spelling,Grammar) (5)
Project & Viva (5)	Project & Viva (5)	Project & Viva (5)
Portfolio(Notebook & SEA) (5)	Portfolio(Notebook & SEA) (5)	Portfolio(Notebook & SEA) (5)
Reading Bonus(0/1/2/3/4)	Reading Bonus(0/1/2/3/4)	-
TOTAL (30)	TOTAL (30)	TOTAL (30)

Social Science	Science	Mathematics
Skills/competencies	Skills/competencies	Skills/competencies
Critical Thinking & Evaluation (5)	Critical Thinking & Evaluation (5)	Critical Thinking & Evaluation (5)
Problem Solving (5)	Problem Solving (5)	Problem Solving (5)
Collaboration & Creative Thinking (5)	Collaboration & Creative Thinking (5)	Collaboration & Creative Thinking (5)
Value/Ethical Application (5)	Value/Ethical Application (5)	Value/Ethical Application (5)
Project & Viva (5)	Project & Viva (5)	Project & Viva (5)
Portfolio(Notebook & SEA) (5)	Portfolio(Notebook & SEA) (5)	Portfolio(Notebook & SEA) (5)
TOTAL (30)	TOTAL (30)	TOTAL (30)

GENERAL KNOWLEDGE	नैतिक शिक्षा-I	नैतिक शिक्षा-II
Skills/competencies	Skills/competencies	Skills/competencies
Book Content (12)	पुस्तक, अनुशासन, वर्दी (3)	पुस्तक, अनुशासन, वर्दी (3)
Scrap file (3)	प्रार्थना (3)	दयानंद जी पर वाक्य (3)
Current News (1)	यज्ञ महिमा (3)	मंत्र उच्चारण (2)
Self-Introduction (2)	आर्य समाज के नियम (1-2) (3)	आर्य समाज के नियम (1-5) (2)
Condition of Book (1)	महात्मा हंसराज पर वाक्य (3)	योगिराज श्री कृष्ण / गुरु नानक देव जी (2)
Condition of Diary (1)	प्रश्न / उत्तर (10)	डी ए वी गान (2)
Discipline (1)	-	प्रश्न / उत्तर (10)
Uniform (1)	-	-
Diary Content(3)	-	-
Total (25)	कुलांक (25)	कुलांक (25)

COMPUTER

Evaluation Criteria For Both Terms

Practical Activity 1 (10 Marks)	Practical Activity 2 (10 Marks)	Practical1 Activity 3 (10 Marks)	Practical Activity 4,5 (05+05=10Marks)	Marks of Two Best Activities (10+10=20)	Short Practical 2 (10) + Long Practical 1 (10) + Viva (10) = 30 Marks (Oral / Practical Examination)	Total Marks = 50 Monthly Activities (20) + Oral / Practical Examination (30)

Students will be awarded grades as Computer / ICT is a Co-Scholastic Subject)

8-POINT GRADING SCALE FOR SCHOLASTIC AREAS

A1	A2	B1	B2	C1	C2	D	E
91-100	81-90	71-80	61-70	51-60	41-50	33-40	32 & BELOW

HEALTH & PHYSICAL EDUCATION
CLEANLINESS (HAIR, HANDS, FACE, SHOES & UNIFORM)
SEWA PROJECT
SPORTS & GAMES
YOGA
VISUAL & PERFORMING ARTS
ART, CRAFT, PAINTING, SCULPTURE
MUSIC, DANCE, THEATRE, DRAMA

संस्कृत -I	संस्कृत -II
Skills/competencies	Skills/competencies
पुस्तक, अनुशासन, वर्दी (3)	पुस्तक, अनुशासन, वर्दी (3)
पुस्तक पढना (5)	पुस्तक पढना (5)
व्याकरण (5)	व्याकरण (5)
पाठ्य पुस्तक का अभ्यास (8)	पाठ्य पुस्तक का अभ्यास (8)
संस्कृत परिचय (2)	संस्कृत परिचय (2)
श्लोकोच्चारण (2)	श्लोकोच्चारण (2)
कुलांक (25)	कुलांक (25)

5-POINT GRADING SCALE FOR CO-SCHOLASTIC AREAS

A1	A2	B1	B2	C
HIGHLY COMPETENT	QUITE CAPABLE	PERFORMS SATISFACTORILY	TRYING WELL	CAN DO BETTER

FOR GOOD READER BONUS SCHEME

Classes 3 to 7

Class	Sl. No.	Name of the books	
3 rd	1.	Malgudy Days	1 st Term
	2.	The Jungle book	
	1.	Sarojini Naidu- Biography	2 nd Term
	2.	Treasure Island (Fairy Tales)	
4 th	1.	Subhash Chandra Bose- Biography	1 st Term
	2.	To the Rescue	
	1.	Gulliver Travels	2 nd Term
	2.	The Merchant of Venice	

5 th	1.	The Adventures of Tom Sawyer	1 st Term
	2.	Rabindranath Tagore-Biography	
	1.	Swami and Friends	2 nd Term
	2.	Great Expectations	
6 th	1.	Steve Jobs-Biography	1 st Term
	2.	Tashi – Series	
	1.	Tashi and the Mixed -up Monster	2 nd Term
	2.	Exam Warriors`	
7 th	1.	Swami Vivekanand-Biography	1 st Term
	2.	The Famous Five Series- by Enid Blyton	
	1.	Tashi and the Mixed -up Monster	2 nd Term
	2.	Exam Warriors	

GOOD READERS BOOK LIST OF HINDI

Classes 3 to 7

Class	Sl. No.	Name of the books	Term
3 rd	1.	भक्त प्रह्लाद	1 st Term
	2.	श्रमदान का महत्त्व	2 nd Term
4 th	1.	शिक्षा प्रद कहानियाँ	1 st Term
	2.	मेरे देश के महान बालक	2 nd Term
5 th	1.	अच्छे बच्चे सीधे बच्चे	1 st Term
	2.	स्वामी श्रद्धानन्द	2 nd Term
6 th	1.	साहसी बाल कथाएँ	1 st Term
	2.	लाला लाजपतराय	2 nd Term
7 th	1.	पंचतंत्र की कहानियाँ	1 st Term
	2.	महर्षि दयानंद जी की शिक्षाएँ	2 nd Term

Test Schedule- Classes - 4th to 7th

Day	4 th	5 ^h	6 th	7 th
Monday	Science	Social Science	Hindi	English
Tuesday	Social Science	Hindi	Maths	Science
Wednesday	English	Punjabi	Social Science	Maths
Thursday	Punjabi	English	Science	Hindi
Friday	Hindi	Maths	Punjabi	Social Science
Saturday	Maths	Science	English	Punjabi

Calendar Activities (Session- 2022-23)

Sr. No.	Month	Activities Name
1.	May	Doha Gayan
2.	July	Junior Scientist - Khoj
3.	August	Independence Day
4.	October	Ramleela Manchan
5.	November	Riddle
6.	January	Republic Day
7.	February	General Knowledge Quiz



ओ३म्
DAV PUBLIC SCHOOL SAMANA
(SENIOR SECONDARY)
 CBSE AFFILIATED-1630571



MEDICAL PLANNER FOR CLASSES
4th to 12th(SENIOR)
SESSION: 2022-23



MONTH	TOPICS
APRIL	Heart Beat: A rhythm of Health.
MAY	"Health for All", Be Active, Be Healthy and Be Happy.
JULY	Decision making Fear... "How this 'Fear' word messes you up" & Let's talk on Adolescence (Girls & Boys)
AUGUST	Control Anger! It's only one letter away from Danger.
SEPTEMBER	Mental Health : Stop Exclusion. Dare to Care!
OCTOBER	Sensex is high, Gold is expensive, Invest in Relationships, feelings and emotions.
NOVEMBER	Are you Winter Ready? & Protect Health from Climate Change.
DECEMBER	Nutrition & You. Halt the rise, Beat Diabetes early.
JANUARY	Fitness matters, Wellness works.
FEBRUARY	Don't blame the Distractions, Improve your focus.

Dr Mohan Lal Sharma
Principal

आर्य पर्व(2022-23)

क्रम संख्या	तिथि	पर्व
1.	10 अप्रैल,2022	रविवार आर्य समाज स्थापना दिवस
2.	19 अप्रैल,2022	मंगलवार महात्मा हंसराजजन्म दिवस
3.	26 अप्रैल,2022	मंगलवार पंडित गुरुदत्त विद्यार्थी जन्म दिवस
4.	1 जून,2022	बुधवार डी.ए .वीस्थापना दिवस
5.	14 सितम्बर,2022	बुधवार गुरु विरजानंद पुण्यतिथि
6.	5 अक्तूबर,2022	बुधवार स्वामी विरजानंद जयंती
7.	15 अक्तूबर,2022	शनिवार महात्मा आनंद स्वामी जन्म दिवस
8.	21 अक्तूबर,2022	सोमवार रामचंद्र छत्रपति बलिदान दिवस
9.	24 अक्तूबर,2022	शनिवार महात्मा आनंद स्वामी पुण्यतिथि
10.	24अक्तूबर,2022	सोमवार ऋषि निर्वाणोत्सव
11.	14 नवम्बर,2022	सोमवार स्वामी दयानंद विरजानंद की कुटिया
12.	15 नवम्बर,2022	रविवार महात्मा हंसराज पुण्यतिथि
13.	19 दिसम्बर,2022	सोमवार पंडित राम प्रसाद बिस्मिल बलिदान दिवस
14.	23 दिसम्बर,2022	शुक्रवार स्वामी श्रद्धानंद बलिदान दिवस
15.	15 जनवरी,2023	वीरवार स्वामी विवेकानंद जयंती
16.	28 जनवरी,2023	शनिवार लाला लाजपतराय जयंती
17.	12 फ़रवरी,2023	बुधवार ऋषि दयानंद सरस्वती जन्म दिवस
18.	18 फ़रवरी,2023	शनिवार ऋषि बोधोत्सव
19.	21 फ़रवरी,2023	मंगलवार मुनि मुनिशवरनन्द
20.	19 मार्च,2023	रविवार पंडित गुरुदत्त विद्यार्थी पुण्यतिथि

Important Days (Awareness) Session 2022-23

APRIL

<u>S.No</u>	<u>Date</u>	<u>Day</u>		<u>Celebration</u>
1.	7 th April,2022	Thursday	World Health Day	Awareness
2.	10 th April,2022	Sunday	Arya Samaj SathapanaDiwas,	HawanYajna , Speech By House
3.	12 th April,2022	Tuesday	New Session Beginning 1 st to 12 th	Hawan Yajna (Mangal Kamna Diwas)
4.	16 th April,2022	Friday	New Session Beginning LKG & UKG	Hawan Yajna (Mangal KamnaDiwas)
5.	13 th April,2022	Wednesday	Jallianwala Bagh Massacre	Awareness
6.	14 th April,2022	Thursday	Baisakhi/Mahavir Jayanti	Awareness + Speech
7.	14 th April,2022	Thursday	Dr. B.R. Ambedkar Jayanti	Awareness
8.	18 th April,2022	Monday	World Heritage Day	Awareness By Social Science Faculty
9.	19 th April,2022	Tuesday	Mahatma Hans Raj Jayanti	Tribute By Running House
10.	21 st April,2022	Thursday	National Civil Service Day(India)	Awareness
11.	22 nd April,2022	Friday	World Earth Day	Awareness
12.	23 rd April,2022	Saturday	World Book Day	Awareness
13.	25 th April,2022	Monday	World Malaria Day	Awareness

14.	26 th April,2022	Tuesday	World Intellectual Property Day	Awareness
15.	29 th April,2022	Friday	International Dance Day	Awareness
<u>May</u>				
<u>Sr. No.</u>	<u>Date</u>	<u>Day</u>		<u>Celebration</u>
1.	1 st May,2022	Sunday	International Labour Day	Activity of Grade-D By House +Classes 11 th & 12 th
2.	1 st May,2022	Sunday	World Laughter Day	Awareness
3.	3 rd May,2022	Tuesday	World Press Freedom Day/ Parshuram Jayanti	Awareness
4.	4 th May,2022	Wednesday	International Firefighters Day	Awareness
5.	7 th May,2022	Saturday	Rabindranath Tagore Jayanti	Awareness
6.	8 th May,2022	Sunday	World Red Cross Day	Speech By House
7.	8 th May,2022	Sunday	Mothers Day	Celebration By Pre-Primary (LKG to 3 rd)
8.	11 th May,2022	Wednesday	National Technology Day	Awareness
9.	16 th May,2022	Monday	Buddha Purnima	Awareness
10.	17 th May,2022	Tuesday	<ul style="list-style-type: none"> • World Telecommunication and Information Society Day • World Hypertension Day 	Awareness
11.	21 st May,2022	Saturday	National Anti Terrorism Day	Awareness

12.	31 st May,2022	Tuesday	World No Tobacco Day/Anti Tobacco Day	Speech By House+ Poster Making by Class 10 th & 11 th
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JUNE

<u>S.No</u>	<u>Date</u>	<u>Day</u>		<u>Celebration</u>
1.	1 st June,2022	Wednesday	DAV Foundation Day- (Hawan Yajna) Global Day of Parents	Hawan
2.	3 rd June,2022	Friday	Guru Arjan Dev Ji Martydom Day	Speech
3.	5 th June,2022	Sunday	World Environment Day	Speech
4.	7 th June,2022	Tuesday	World Food Safety Day	Awareness
5.	12 th June,2022	Sunday	Anti Child Labour Day	Awareness
6.	14 th June,2022	Tuesday	World Blood Donor Day	Awareness
7.	14 th June,2022	Tuesday	Sant Kabir Jayanti	Awareness
8.	19 th June,2022	Sunday	Father's Day	Speech
9.	21 st June,2022	Tuesday	International Yoga Day	(Celebration by NCC Cadets)
10.	21 st June,2022	Tuesday	World Music Day	Celebration by Music Department
11.	26 th June,2022	Sunday	International Anti Drug Day	Speech

JULY

<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	11 th July,2022	Monday	World Population Day	Awareness

2.	15 th July,2022	Friday	World Youth Skill Day	Awareness
3.	26 th July,2022	Tuesday	Kargil Vijay Diwas	Awareness
4.	28 th July,2022	Thursday	<ul style="list-style-type: none"> • World Hepatitis Day • World Nature Conservation Day 	Awareness
5.	31 st July,2022	Sunday	Martyrdom Day of Saheed Udham Singh Ji	Tribute by Running House

AUGUST

<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	11 th Aug,2022	Thursday	Raksha Bandhan (Rakhi)	Celebration
2.	12 th Aug,2022	Friday	World Youth Day Sanskrit Diwas	Awareness
3.	15 th Aug,2022	Monday	Independence Day	Celebration
4.	19 th Aug,2022	Friday	<ul style="list-style-type: none"> • World Photography Day • Janamashtami (Krishnostav) 	Awareness+ Speech Celebration by Primary Block
5.	20 th Aug,2022	Thursday	National Sadhbhavana Diwas	Awareness
6.	21 st Aug,2022	Sunday	World Senior Citizen Day	Awareness
7.	26 th Aug,2022	Friday	Women Equality Day	Awareness
8.	28 th Aug,2022	Sunday	Prakash Utsav Shri Guru Granth Sahib Ji	Speech
9.	29 th Aug,2022	Monday	National Sports Day	Awareness
10.	30 th Aug,2022	Tuesday	Teej (Hari Talika)	Celebration

SEPTEMBER

<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	5 th Sep,2022	Monday	Teachers Day (Guru Utsav)	Celebration By Running House
2.	8 th Sep,2022	Thursday	International Literacy Day + Onam	Speech + Awareness
3.	14 th Sep,2022	Wednesday	Hindi Diwas	Speech and Celebration by Hindi Department
4.	15 th Sep,2022	Thursday	<ul style="list-style-type: none"> • International Democracy Day • Engineer's Day 	Awareness
5.	16 th Sep,2022	Saturday	World Ozone Preservation Day	Awareness
6.	21 st Sep,2022	Wednesday	International Peace Day	Awareness
7.	26 th Sep,2022	Monday	Maharaja Aggarsain Jayanti	Speech
8.	27 th Sep,2022	Tuesday	World Tourism Day	Awareness
9.	29 th Sep,2022	Thursday	World Heart Day	Awareness

OCTOBER

<u>S.No</u>	<u>Date</u>	<u>Day</u>		<u>Celebration</u>
1.	2 nd Oct,2022	Sunday	<ul style="list-style-type: none"> • Mahatama Gandhi Jayanti & Non Violence Day • Lal Bahadur Jayanti 	Tribute by Houses
2.	4 th Oct,2022	Tuesday	World Animal Welfare Day	Awareness

3.	5 th Oct,2022	Wednesday	Dussehra	Celebration By Running House
4.	8 th Oct,2022	Saturday	Indian Air Force Day	Awareness
5.	9 th Oct,2022	Sunday	Maharishi Valmiki Jayanti	Speech
6.	11 th Oct,2022	Tuesday	<ul style="list-style-type: none"> • International Girl Child Day Purab • Prakash Purab of Shri Guru Ram Dass Ji 	Awareness + Speech
7.	13 th Oct,2022	Thursday	Karva Chauth	Speech
8.	15 th Oct,2022	Saturday	World Students Day	Awareness
9.	16 th Oct,2022	Saturday	<ul style="list-style-type: none"> • World Food Day • Janam Diwas of Baba Banda Singh Ji Bahadur 	Awareness
10.	24 th Oct,2022	Monday	<ul style="list-style-type: none"> • Diwali • United Nations Day 	Awareness + Speech
11.	25 th Oct,2022	Tuesday	Govardhan Pooja + Vishavkarma Day	Speech
12.	26 th Oct,2022	Wednesday	Bhai Dooj	Speech
13.	30 th Oct,2022	Sunday	Chath Pooja	Awareness
14.	31 st Oct,2022	Monday	National Unity Day	Awareness

NOVEMBER

<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	1 st Nov,2022	Tuesday	Punjab Diwas	Awareness

2.	8 th Nov,2022	Tuesday	Shri Guru Nanak Dev Jayanti	Celebration by Punjabi Department
3.	14 th Nov,2022	Monday	Children Day	Celebration By Pre Primary Block
4.	28 th Nov,2022	Monday	Martydom Day of Shri Guru Tegh Bahadur Ji	Speech +Tribute

DECEMBER

<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	1 st Dec,2022	Thursday	World AIDS Day	Awareness
2.	2 nd Dec,2022	Friday	<ul style="list-style-type: none"> • World Computer Literacy Day • National Pollution Control Day 	Speech + Awareness
3.	4 th Dec,2022	Sunday	Indian Navy Day	Awareness
4.	7 th Dec,2022	Wednesday	Indian Armed Forces Flag Day	Awareness
5.	9 th Dec,2022	Friday	International Anti-Corruption Day	Awareness
6.	10 th Dec,2022	Saturday	Human Rights Day	Awareness
7.	22 nd Dec,2022	Thursday	National Mathematics Day	Celebration by Maths Department
8.	23 rd Dec,2022	Friday	Swami Shradhanand BalidanDiwas	Tribute By Running House
9.	24 th Dec,2022	Saturday	National Consumer Day	Awareness
10.	25 th Dec,2022	Sunday	Christmas Day	Celebration by Pre-Primary

11.	26 th to 28 th Dec,2022	Monday, Tuesday, Wednesday	ShaheediJor Mela	Tribute by Running House
12.	29 th Dec,2022	Thursday	Parkash Purab Shri Guru Gobind Singh Ji	Speech

JANUARY

<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	1 st Jan,2023	Sunday	New Year	(Hawan Yajna)
2.	6 th Jan,2023	Friday	National Technology Day	Awareness
3.	12 th Jan,2023	Thursday	National Youth Day	Awareness
4.	14 th Jan,2023	Saturday	Lohri	(Celebration by Senior Block + Running House)
5.	15 th Jan,2023	Sunday	Makar Sankranti / Pongal	Speech
6.	23 rd Jan,2023	Monday	Neetaji Subhash Chandra Bose Birth Anniversary	Awareness
7.	25 th Jan,2023	Wednesday	<ul style="list-style-type: none"> • Basant Panchmi • National Voters Day • Indian Tourism Day 	Awareness
8.	26 th Jan,2023	Thursday	Republic Day	Celebration by Running House
9.	30 th Jan,2023	Monday	Mahatama Gandhi Martyrdom Day	Tribute by Running House

FEBRUARY

<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	4 th Feb,2023	Saturday	World Cancer Day	Awareness

2.	5 th Feb,2023	Sunday	Guru Ravidas Jayanti	Speech
3.	15 th Feb,2023	Wednesday	Maharishi Dayanand Saraswati	Celebration by running House
4.	18 th Feb,2023	Saturday	MahaShivratri	Celebration/Speech
5.	20 th Feb,2023	Monday	World Day of Social Justice	Awareness
6.	21 st Feb,2023	Tuesday	Matri Bhasha Divas	Celebration By Punjabi Teachers
7.	23 rd Feb,2023	Wednesday	World Peace & Understanding Day	Awareness
8.	28 th Feb,2023	Tuesday	National Science Day	Celebration By Science Teachers

MARCH

<u>S.No</u>	<u>Date</u>	<u>Day</u>		
1.	1 st March,2023	Wednesday	Rishi Bodh Utsav	Awareness
2.	3 rd March,2023	Friday	National Defence Day	Awareness
3.	8 th March,2023	Wednesday	Holi + International World Women's Day	Celebration By Running House
4.	15 th March,2023	Wednesday	World Consumer Rights Day	Awareness
5.	22 th March,2023	Wednesday	World Water Day	Awareness



List of Activities under Ek Bharat Shreshtha Bharat

Sr.No	Description of Activity	Month/Day/ Location	Learning Outcome
1	Exposure of students to the alphabets, songs, proverbs and 100 sentences in the languages of the partnering State/UT.	Academic Year/ Every Week / school premises	It will develop the linguistic capacity of the students.
2	Essay Competition among students in the language of the partnering State/UT	Academic Year	It will develop multi-linguistic skills in students.
3	Drama/Role Play on culture, history, the tradition of partnering State/UT.	Academic Year/school premises	The students will be able to learn the culture of the partnering State/UT.
4	Identification/translation and dissemination of similar proverbs in the language of partnering State/UT.	Academic Year	The students will be able to learn the language and culture of the Partnering state/UT.
5	"Themed Display Board/Wall magazine" on the partnering state. (Historical Monuments, Dressing Style, painting, handicrafts, alphabet and basic sentences of the partnering State/UTs).	Round the Year/ school premises	The pictorial representation will help them in learning and Understanding about partnering States/UTs.
6	Pledge on Swachhta/ Single-use plastic/water saving/ National Unity in the language of partnering states/UTs	At least two times every month/ Schools' premises during morning assembly.	The students will have exposure to partnering state language.Enhance social responsibility among students.
7	"Questions/ Answer session" (Quiz) on partnering States/UTs. (Know Your Partner States/UTs)	Once in a month/ Morning Assembly.	It will help students to remember the important facts about partnering States/UTs.
8	"State Day Celebration" of partner State/UT	On State Day/ School Premises	It will develop a sense of unity among the students of both the States/UTs.

Suggestive Activities for FIT India Movement — March 2022-Feb 2023

Sr. No.	Month	Theme based Activities
1.	March-April	<p align="center">FIT INDIA FITNESS ASSESSMENT</p> <ul style="list-style-type: none"> • Fitness assessment by teachers and parents on Fit India Mobile App <ul style="list-style-type: none"> ○ Fitness Ka Dose Aadha Ghanta Roz- doing daily physical activities like Yoga/Free hand exercise/ dance/ playing sports etc. for half an hour atleast.
2.	May-June	<p align="center">MENTAL FITNESS AND YOGA</p> <ul style="list-style-type: none"> • Learn Common Yoga Protocols, different poses of Yoga through Fit India Mobile App • Celebration of “Yoga Day” (Age-appropriate Yoga Activities) • Rhythmic Yoga on patriotic songs and share your stories on Fit India Mobile App • Pranayam, Meditation/ Mindfulness activities every day. • Daily Yoga, Stretching, Hand exercises may be included in assembly to make fitness part of students’/teachers’ daily lifestyle • Focus on Mind games like chess, Sudoku, Puzzle etc.
3.	July	<p align="center">FITNESS ASSESSMENT OF STUDENTS THROUGH PE TEACHERS AND INDIGENOUS SPORTS</p> <ul style="list-style-type: none"> • Participate in Khelo India National Fitness programme for schools through Fit India Mobile App • Learn different Indigenous/ traditional sports on Fit India Mobile App • Organization of indigenous/traditional sports, martial arts, dance with theme — HamariSanskritiSe Fitness
4.	August - September	<p align="center">FIT INDIA FREEDOM RUN</p> <ul style="list-style-type: none"> • Organizing Fit India Freedom Run at iconic and historic importance places by registering on Fit India Mobile App • Share your Run with friends/family and challenge them on 1-it India Mobile App • Fit India Freedom Run to start/culminate with patriotic songs/stories on freedom struggle of local heroes (Staff, Students & Community) • Places associated with Independence Movement in states/UTs to be selected for culmination/ starting of Freedom run
		<ul style="list-style-type: none"> • In morning assembly plays / role-plays may be conducted on various historically important events. • Stories/Talks/Essay competition on one Freedom Fighter/local hero of Freedom struggle at least once every week

5.	October	<p style="text-align: center;">FIT INDIA PLOG RUN</p> <ul style="list-style-type: none"> • Organise and register FIT India Plogrun on Fit India Mobile App • Virtual connect with Plogging communities on Fit India Mobile App with share your stories feature • Plays/ Rallies with themes such as Swachta, Ahinsa and other values of Mahatma Gandhi • Cultural programs depicting importance of Mahatma Gandhi in India's Independence • Swachhata Pledge/ Water Saving Pledge
6.	November-December	<p style="text-align: center;">FIT INDIA SCHOOL WEEK AND FITNESS ASSESSMENT</p> <ul style="list-style-type: none"> • Celebrating 5-6 days in a week for fitness related activities • Inter and Intra Sports Competitions • Motivate & aware parents, community regarding doing daily fitness activities. • Participate in Khelo India National Fitness programme for schools through Fit India Mobile App • Fitness assessment by teachers and parents on Fit India Mobile App
7.	January-February	<p style="text-align: center;">FIT INDIA NEW YEAR SPECIAL AND FITNESS ASSESSMENT</p> <ul style="list-style-type: none"> • Welcoming new year with fitness events • Participate in Khelo India National Fitness programme for schools through Fit India Mobile App • Fitness assessment by teachers and parents on Fit India Mobile App • Participation in Fit India Quiz as audience on Fit India Mobile App • Collage making and poster competition on Healthy Food Habits and Importance doing daily fitness activities







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DAV PUBLIC SCHOOL SAMANA
(SENIOR SECONDARY)
 CBSE AFFILIATED-1630571



House Information

2022-23

House	Color	Motto	Tagline	Logo
Virtue	Red	Modesty	Self-Respect is the corner stone of all Virtues.	
Harmony	Green	Courage to Care	Caring is the gift of making the ordinary to Extraordinary.	
Charity	Blue	Sympathy	Charity makes dreams come true.	
Gratitude	Yellow	Thankful & Grateful	Gratitude Unlocks the fullness of life	

DO's AND DON'Ts

Do's

1. Give due regards to your elders.
2. Prepare yourself well to perform well.
3. Converse in English in School Campus.
4. Come to school well groomed, in proper Uniform.
5. Bring the student's diary to school daily.
6. Be regular in attendance and never be late to school. Attend morning assembly without fail.
7. Keep your classroom and school premises clean and tidy.
8. Turn off the taps after use.
9. Switch off fans and lights when not in use.
10. Be fair and honest at work. Always be considerate of the rights of others.
11. Make use of the Library.

Don'ts

1. Do not bring precious articles in school.
2. Do not damage the school property.
3. Do not make noise in the classroom, corridors, auditorium or elsewhere in the school campus.
4. Do not bring gadgets such as mobile phones, I Pads, MP3's etc.
5. Do not be absent from school. 75% attendance is the minimum requirement.
6. Do not use abusive language.
7. Do not pluck flowers. Never touch electric plugs.
8. Do not wear expensive jewellery to school.
9. Don't involve in physical fights.
10. Do not come in personal vehicles to school.

CODE OF CONDUCT

- ❖ Converse in English in school campus.
- ❖ Come to school regularly. In case you want to avail leave, kindly get it sanctioned from class teacher.
- ❖ Ensure proper order and discipline while moving to the playground / assembly / library or any lab.
- ❖ Library books must be handled with extra care and must be returned in time.
- ❖ Shouting / Fighting or Indulging in unruly behavior in the school premises is forbidden.
- ❖ Kindly contribute to make your school clean DAV, Green DAV.
- ❖ Proper decorum should be maintained while singing National Anthem / DAV Anthem and School Prayers as a mark of patriotism.
- ❖ Students should not carry any sharp objects like blade, knife, paper cutter etc. as they can prove to be harmful.
- ❖ Possession of crackers / bursting crackers / playing with colours in the school is strictly prohibited.

Any student found with expensive jewellery, mobile phone, CD's, any other objectionable article will be subjected to fine and confiscation of the above mentioned articles.

TEN PRINCIPLES OF THE ARYA SAMAJ

1. God is the primary source of all true knowledge and of all that can be known through it.
2. God is Existent, Intelligent and Blissful. He is Formless, Almighty, Just Merciful, Unborn, Infinite, Unchallengeable, Beginningless, Incomparable the support and Lord of all, Omniscient, Imperishable, Immortal, Fearless, Eternal, Holy and the Maker of the Universe. To him alone worship is due.
3. The Vedas are scriptures of true knowledge. It is the duty of all Aryas to read them, hear them being read and recite them to others.
4. We should always be ready to accept the truth and give up untruth.
5. All actions should be performed in conformity with Dharma, that is, after due consideration of right and wrong.
6. The primary aim of the Arya Samaj is too good for all, that is, to promote their physical, spiritual and social well-being.
7. We should treat all people with love, fairness and due regards for their merit.
8. One should aim at dispelling ignorance and promoting knowledge.
9. One should not only be content with one's own welfare but should look for it in the welfare of other also.
10. One should regard oneself under restriction to follow altruistic rulings of the society, while all should be free in following the rules of individual welfare

आर्य समाज के नियम

1. सब सत्य विद्या और जो पदार्थ विद्या से जाने जाते हैं, उन सब का आदि मूल परमेश्वर है।
2. ईश्वर सच्चिदानंद स्वरूप, निराकार, सर्वशक्तिमान, न्यायकारी, दयालु, सर्वेश्वर, सर्वव्यापक, सर्वांतर्यामी, अजर, अमर, अभय, नित्य, पवित्र और सृष्टिकर्ता है उसी की उपासना करने योग्य है।
3. वेद सब सत्य विद्याओं की पुस्तक है। वेद का पढ़ना-पढ़ाना और सुनना-सुनाना सब आर्यों का परम धर्म है।
4. सत्य के ग्रहण करने और असत्य के छोड़ने में सर्वदा उद्यत रहना चाहिए।
5. सब काम धर्मानुसार अर्थात् सत्य और असत्य का विचार करके करना चाहिए।
6. संसार का उपकार करना इस समाज का मुख्य उद्देश्य है अर्थात् शारीरिक, आत्मिक और सामाजिक उन्नति करना।
7. सबसे प्रीतिपूर्वक धर्मानुसार यथायोग्य वर्तना चाहिए।
8. अविद्या का नाश और विद्या की वृद्धि करनी चाहिए।
9. प्रत्येक को अपनी ही उन्नति से संतुष्ट न रहना चाहिए, किंतु सबकी उन्नति में अपनी उन्नति समझनी चाहिए।
10. सब मनुष्यों को सामाजिक सर्वहितकारी नियम पालने में परतंत्र रहना चाहिए और प्रत्येक हितकारी नियम में सब स्वतंत्र रहें।